

DC Public Charter Schools

Nutrient Analysis Reports

Explanation of SMI Analysis Chart

The accuracy of the analysis is based on the degree of documentation we were able to obtain from you as follows:

- ♦ the exactness of recipe contents and yield
- ♦ nutrition facts labels obtained for the specific products you purchase and serve
- ♦ the accuracy and completeness of records of production

The chart shows:

- A. each nutrient analyzed,
- B. what the USDA goal is for that nutrient for the age-group of your students,
- C. what the nutrient content of your menu is based on the analysis,
- D. and how that compares to the USDA goal. The bar graphs re-emphasize this comparison (see E through L).

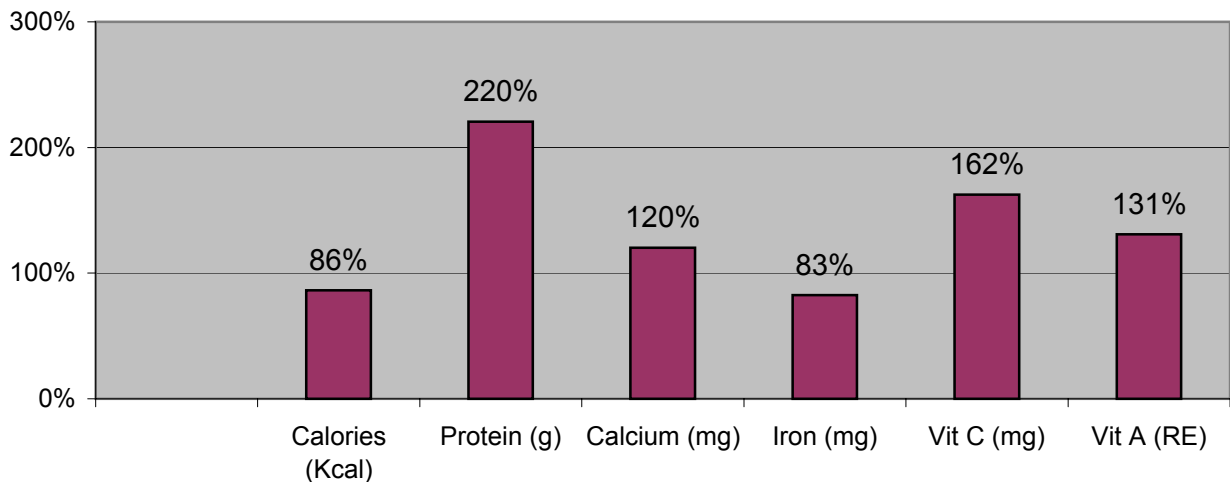
The nutrient standards for protein, calcium, iron, vitamin A, and vitamin C are based on the Recommended Dietary Allowance (RDA), established by the Food and Nutrition Board of the National Research Council/National Academy of Sciences. The task of planning nutritious meals centers on the inclusion of the essential nutrients as outlined in the RDA, along with appropriate energy and fiber, and limited amounts of fat, saturated fat, sodium (salt), and cholesterol. USDA does not have specific standards for cholesterol, fiber, or sodium, but do require that over time cholesterol and sodium are lowered, and fiber is increased.

- E. **Calories** – the amount of energy the meal provides to the child. The standard is established at an age appropriate level. Too few calories and a child will not have enough energy to learn and play. Too many calories and a child may become overweight or obese. Goal is to meet USDA standard.
- F. **Protein** – the nutrient that is the building material for a child's growing body. Good sources of protein come from the meat/meat alternate foods and milk. Goal is to meet or exceed USDA standard.
- G. **Calcium** – important for healthy growing bones and teeth. Today's tween's and teens, especially girls, do not get enough of this nutrient because they are replacing milk with other beverages (sodas, juice drinks like Hi C that typically contain very little juice and are high in sugar, Gatorade, etc.). This can lead to osteoporosis when they are older, and even lead to bone stress and fractures in teens and young women who are athletic. Goal is to meet or exceed USDA standard.
- H. **Iron** – lack of iron in the diet is one of the most prevalent nutrient deficiencies in this country. Deficiency leads to anemia, which can affect cognitive performance, and therefore a child's ability to pay attention and learn in school. Good sources of iron are meat, beans, dark leafy greens, iron fortified cereals and other grains. Goal is to meet or exceed USDA standard.
- I. **Vitamin C** – important for iron absorption, for healthy body tissues such as skin, tendons, and bones, and in the healing of wounds, bruises, and fractures. Good sources are fruits and vegetables; in particular oranges, pineapple, strawberries, fortified juices, broccoli, and peppers. Goal is to meet or exceed USDA standard.
- J. **Vitamin A** – has an essential role in vision, growth, bone development, healthy skin tissue, and the immune system. Good sources are fortified milk, dark leafy greens, and yellow-orange vegetables and fruits. Goal is to meet or exceed USDA standard.
- K. **Total fat** – this is the measure of calories that come from fat. Total fat and saturated fat (below) are the two nutrients that are putting a great deal of focus in the media on school nutrition. Of the total calories provided by the meals you serve, no more than 30% of those calories should come from fat. School menus typically load up in fat with pizza, hotdogs, nuggets, and cheese. A balance must be created with low fat grain-based food items, fruits, and vegetables. See the *Tips on Menu Modification for Healthy School Meals* for ways to reduce the fat in your menus.
- L. **Saturated fat** – of the total fat calories, no more than 10% should come from saturated fat. Cheese, whole and 2% milk, and processed meats contribute much of the saturated fat in school menus. See the *Tips on Menu Modification for Healthy School Meals* for ways to reduce saturated fat in your menus.

**SMI Analysis for
Academy for Ideal Education
(May 12-16, 2003)**

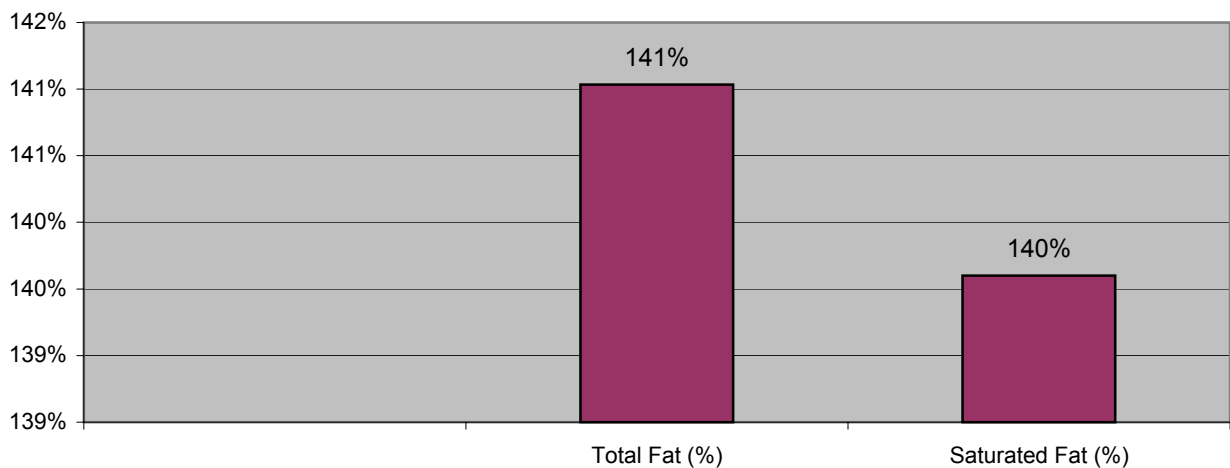
Must Meet or Exceed			
Nutrients	Raw Scores		Percentage
	USDA Goal	School Actual	
Calories (Kcal)	785	677	86%
Protein (g)	14.56	32.1	220%
Calcium (mg)	370.44	445.04	120%
Iron (mg)	4.23	3.49	83%
Vit C (mg)	17.42	28.29	162%
Vit A (RE)	285	373	131%

Goal is = > 100%



Must Be Below			
Category	Raw Scores		Percentage
	USDA Goal	School Actual	
Total Fat (%)	30%	42.31%	141%
Saturated Fat (%)	10%	13.96%	140%

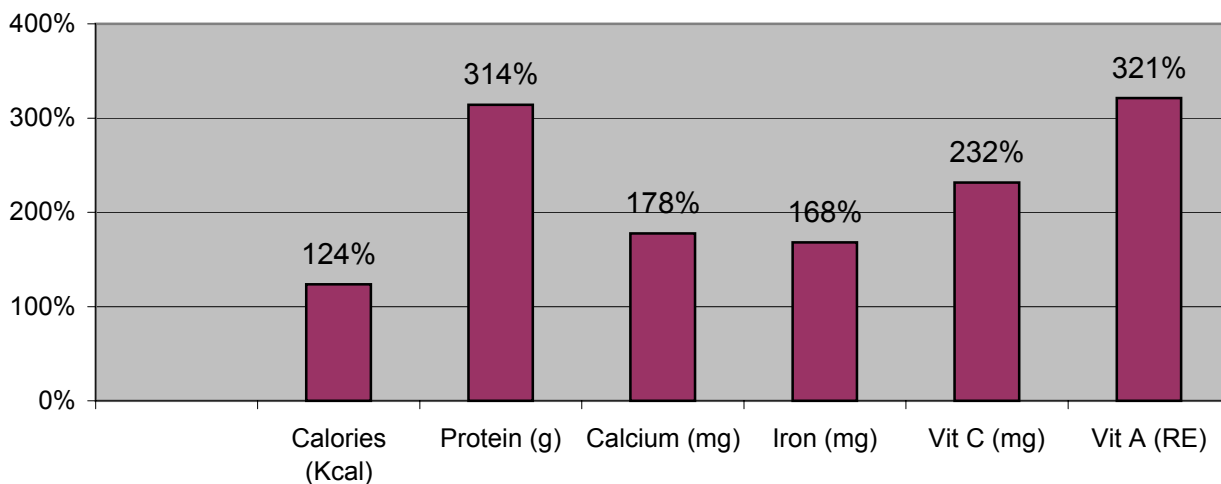
Goal is < = 100%



**SMI Analysis for
Apple Early Reading Academy
(May 12-16, 2003)**

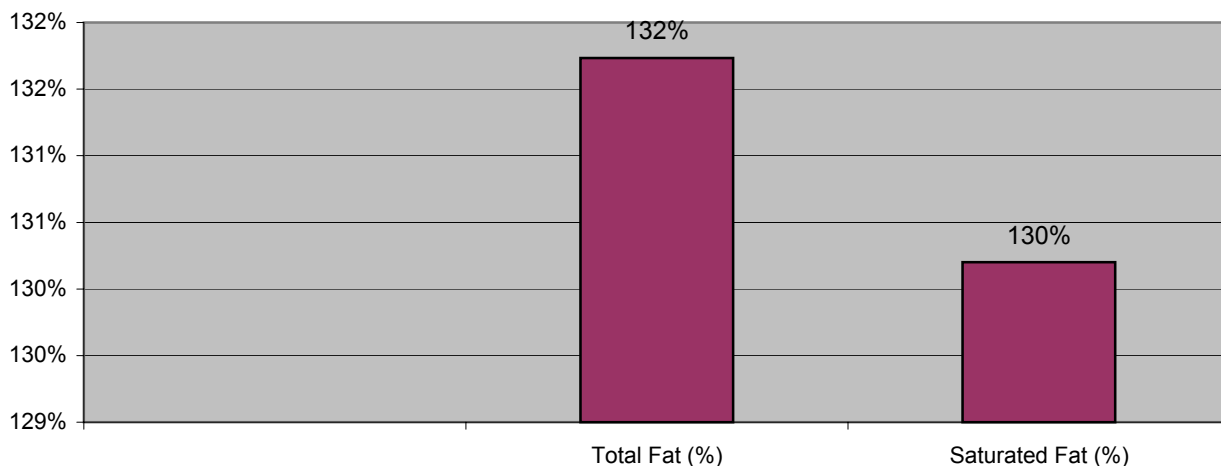
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	554	685	124%
Protein (g)	7.58	23.81	314%
Calcium (mg)	233.5	414.97	178%
Iron (mg)	2.9	4.87	168%
Vit C (mg)	13.12	30.39	232%
Vit A (RE)	175	562	321%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	39.52%	132%
Saturated Fat (%)	10%	13.02%	130%

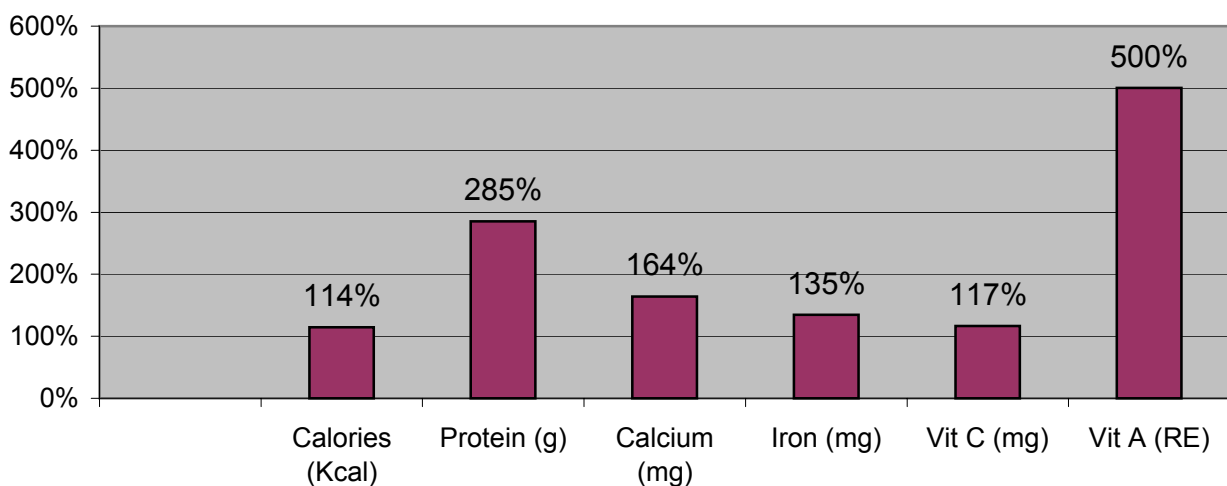
Goal is < = 100%



**SMI Analysis for
Arts and Technology Academy
(May 12-16, 2003)**

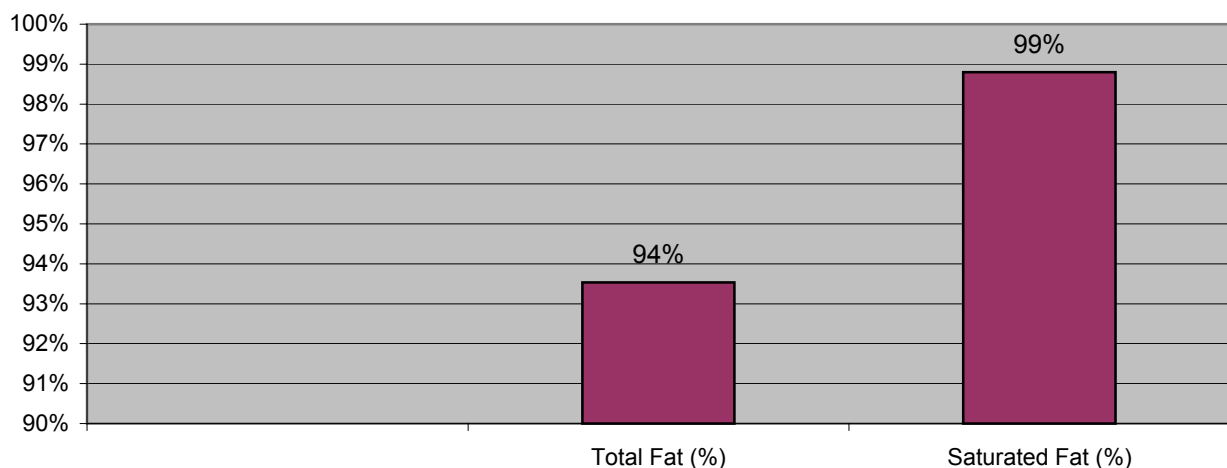
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	618	707	114%
Protein (g)	9.09	25.94	285%
Calcium (mg)	266.02	436.29	164%
Iron (mg)	3.24	4.36	135%
Vit C (mg)	14.18	16.56	117%
Vit A (RE)	208	1041	500%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	28.06%	94%
Saturated Fat (%)	10%	9.88%	99%

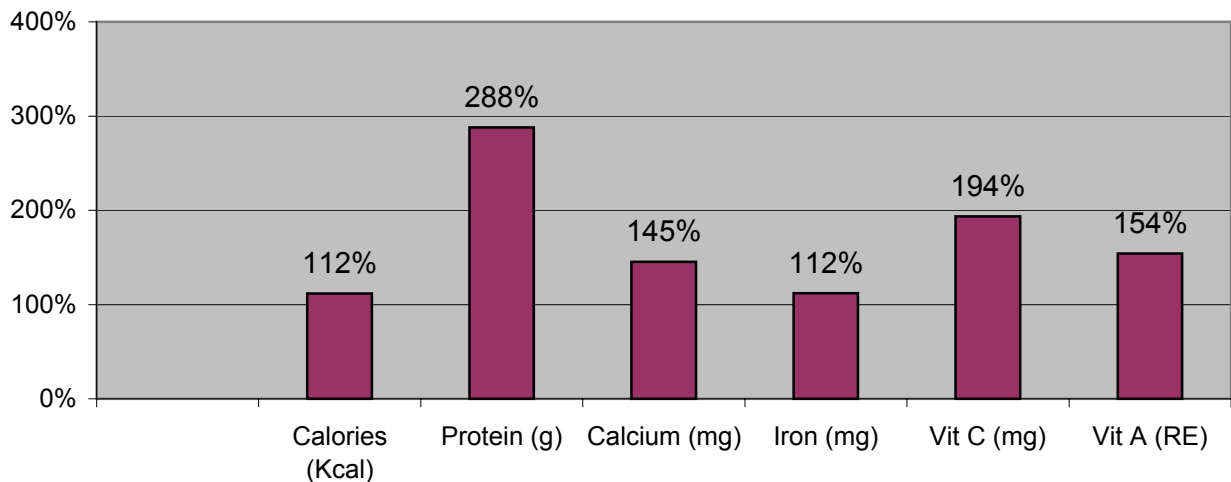
Goal is < = 100%



**SMI Analysis for
Booker T. Washington Public Charter School
(May 12-16, 2003)**

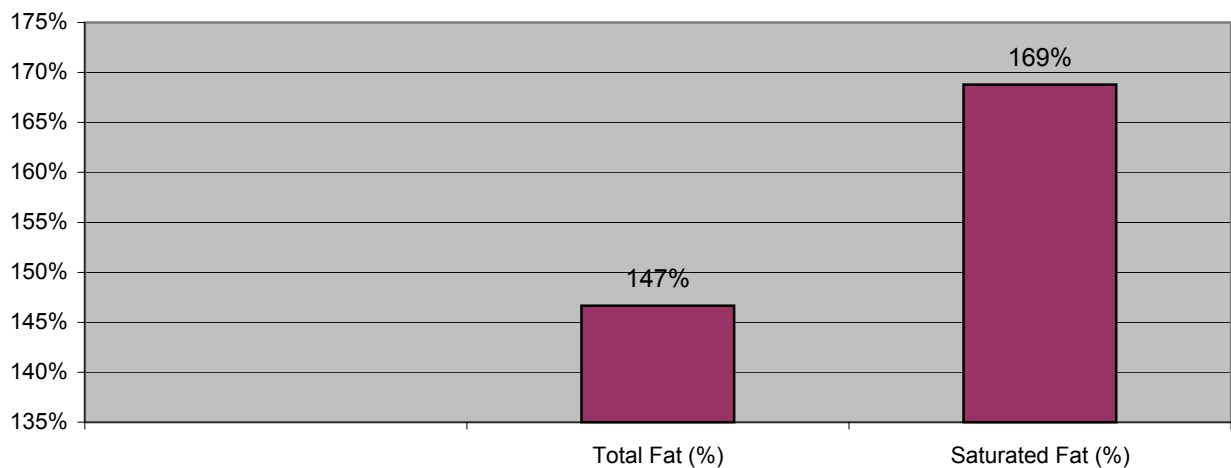
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	733	819	112%
Protein (g)	13.6	39.17	288%
Calcium (mg)	345.88	502.13	145%
Iron (mg)	3.96	4.44	112%
Vit C (mg)	16.26	31.49	194%
Vit A (RE)	266	410	154%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	44.00%	147%
Saturated Fat (%)	10%	16.88%	169%

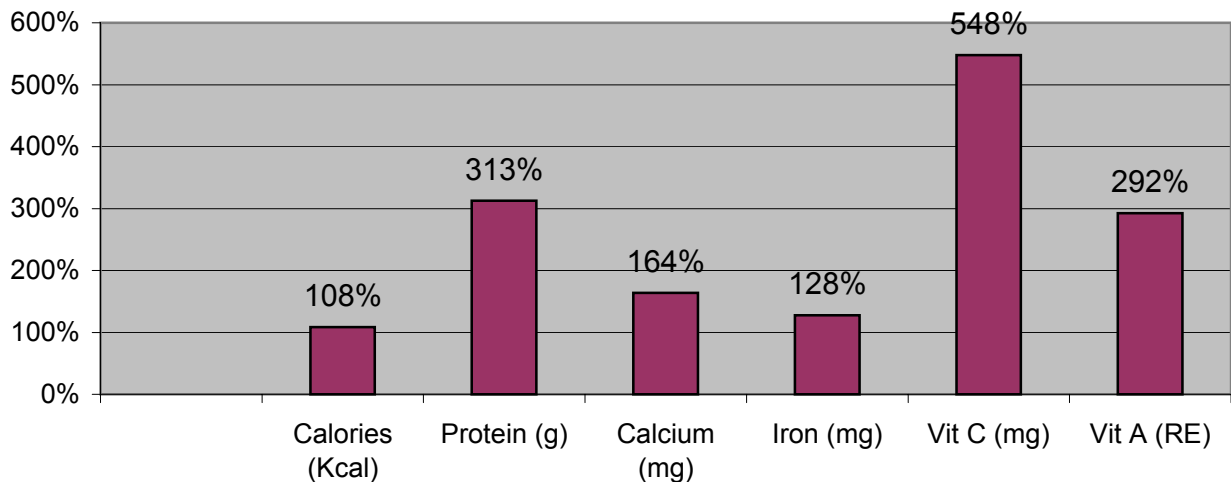
Goal is < = 100%



**SMI Analysis for
Capital City Public Charter School
(May 12-16, 2003)**

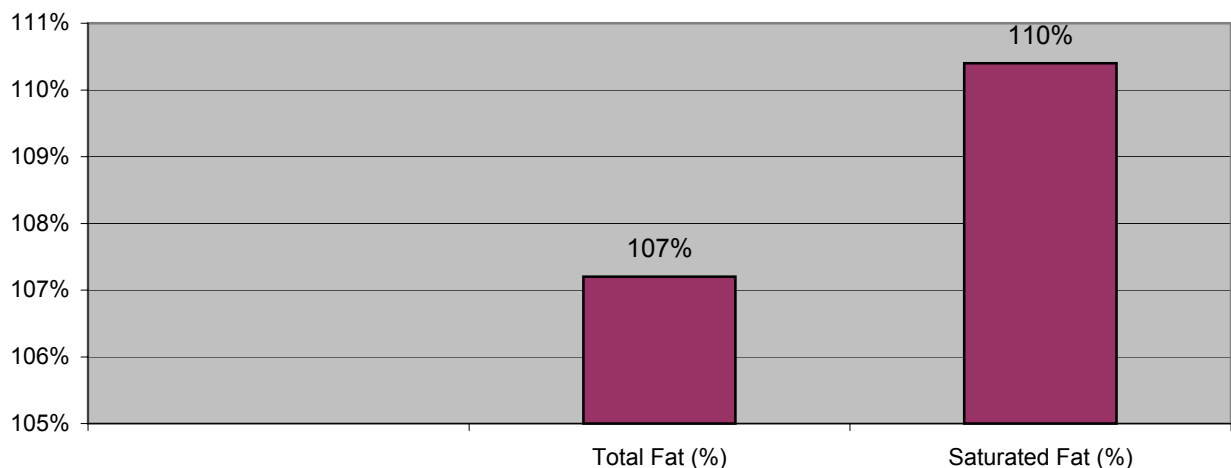
Must Meet or Exceed			
Nutrients	Raw Scores		Percentage
	USDA Goal	School Actual	
Calories (Kcal)	625	678	108%
Protein (g)	9.2	28.75	313%
Calcium (mg)	269.06	440.96	164%
Iron (mg)	3.27	4.18	128%
Vit C (mg)	14.34	78.58	548%
Vit A (RE)	211	617	292%

Goal is = > 100%



Must Be Below			
Category	Raw Scores		Percentage
	USDA Goal	School Actual	
Total Fat (%)	30%	32.16%	107%
Saturated Fat (%)	10%	11.04%	110%

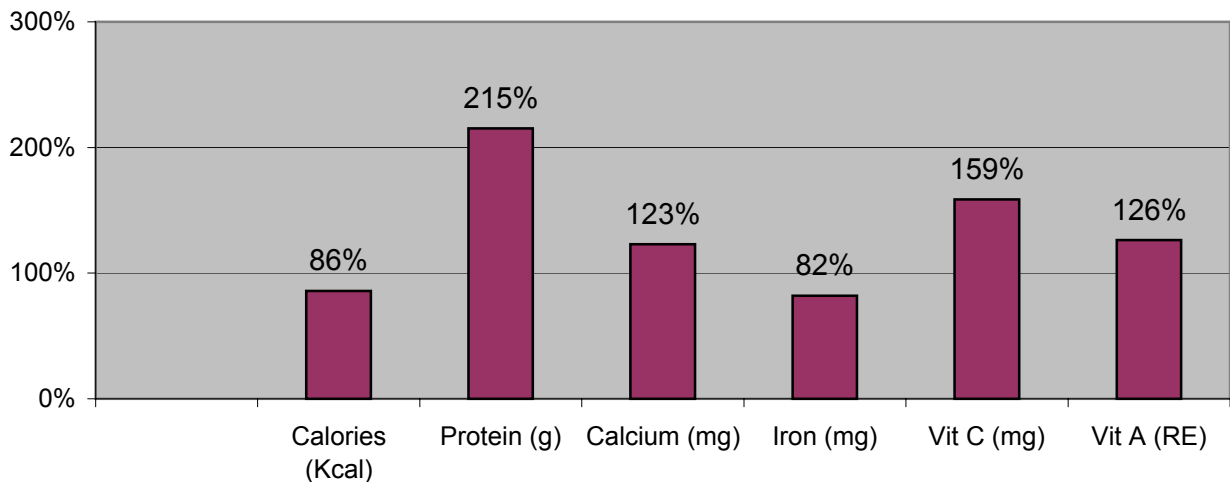
Goal is < = 100%



**SMI Analysis for
Cesar Chavez Public Charter High School
(May 12-16, 2003)**

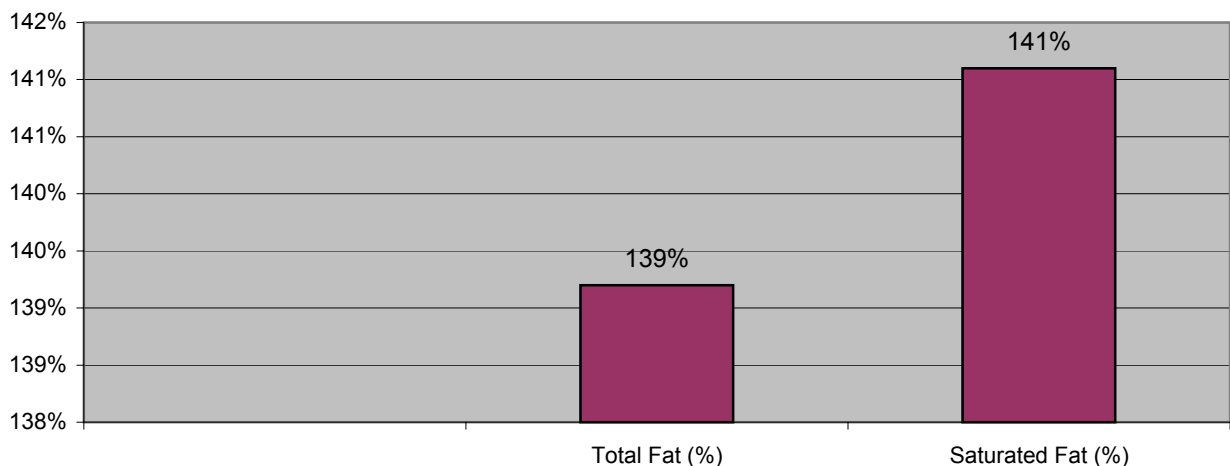
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	766	658	86%
Protein (g)	14.2	30.56	215%
Calcium (mg)	361.24	444.61	123%
Iron (mg)	4.13	3.39	82%
Vit C (mg)	16.99	26.97	159%
Vit A (RE)	278	351	126%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	41.76%	139%
Saturated Fat (%)	10%	14.11%	141%

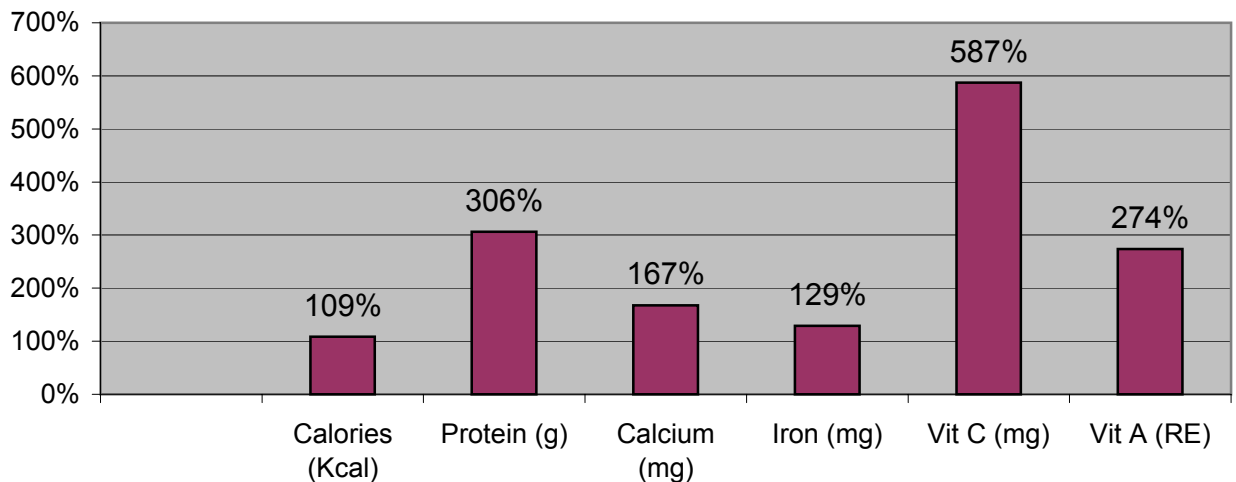
Goal is < = 100%



**SMI Analysis for
Children's Studio Public Charter School
(May 12-16, 2003)**

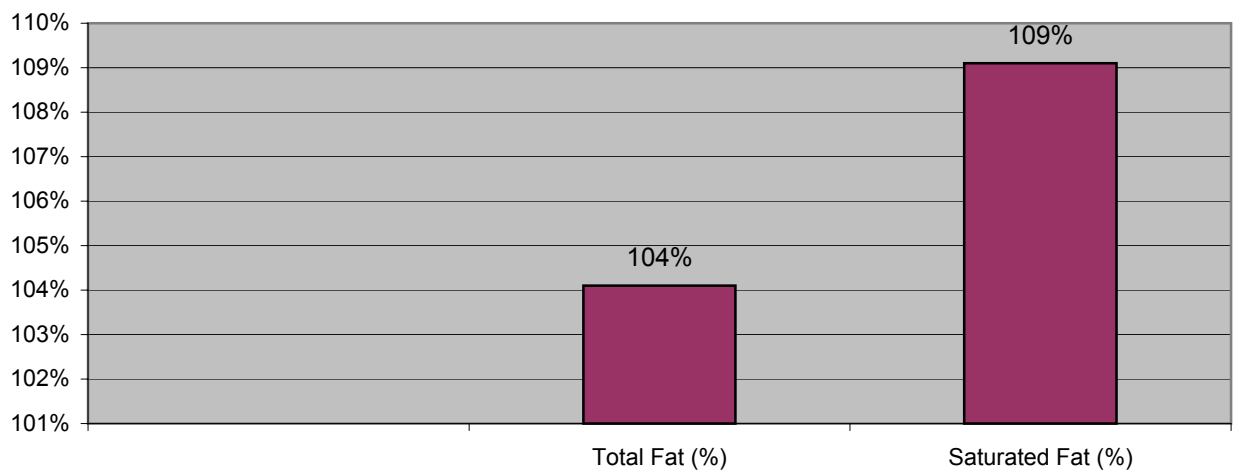
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	598	650	109%
Protein (g)	8.8	26.93	306%
Calcium (mg)	257.31	430.56	167%
Iron (mg)	3.13	4.04	129%
Vit C (mg)	13.72	80.54	587%
Vit A (RE)	201	550	274%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	31.23%	104%
Saturated Fat (%)	10%	10.91%	109%

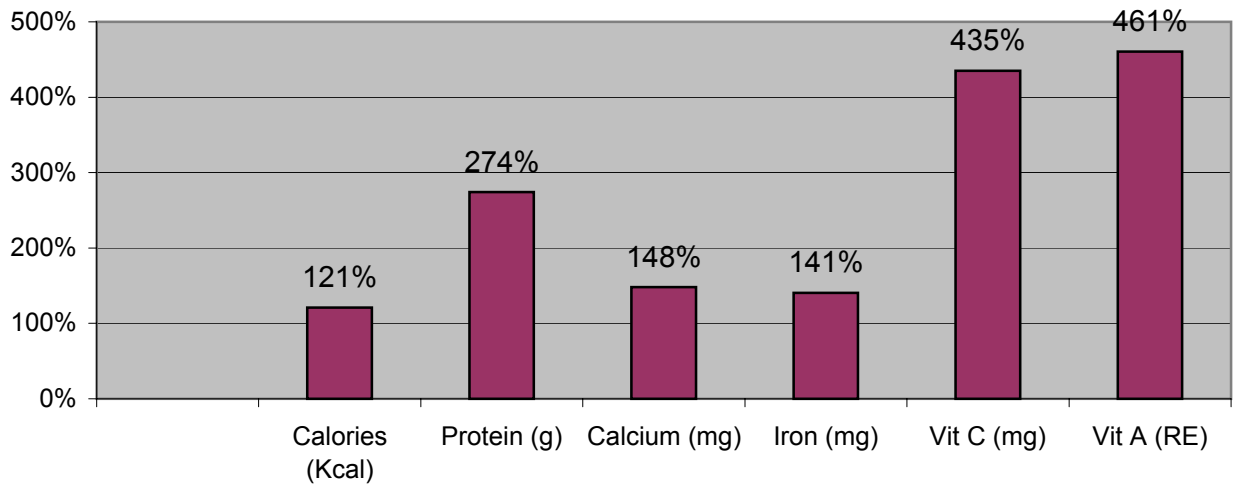
Goal is < = 100%



**SMI Analysis for
City Lights School
(May 12-16, 2003)**

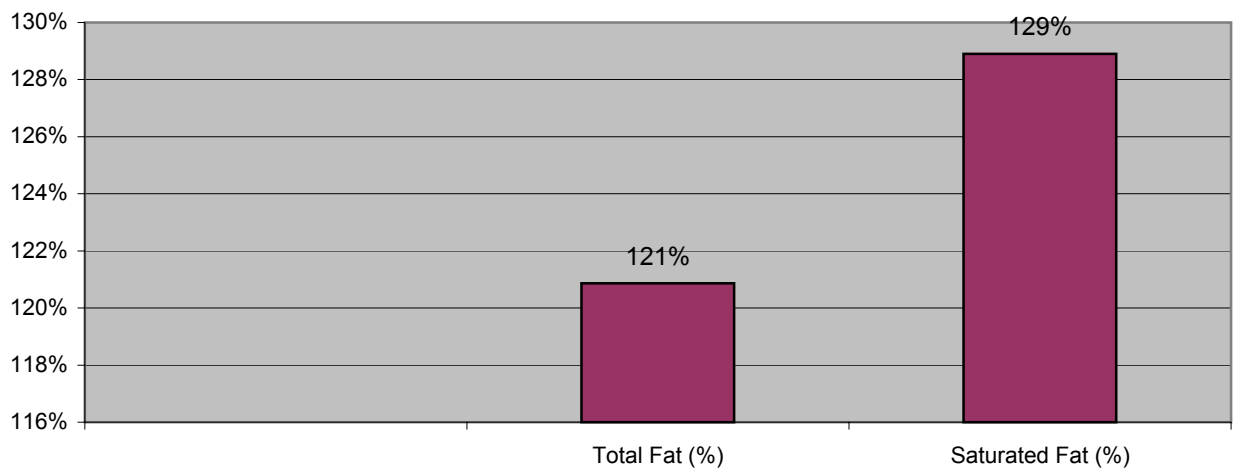
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	739	895	121%
Protein (g)	14.53	39.82	274%
Calcium (mg)	358.33	530.27	148%
Iron (mg)	4.04	5.68	141%
Vit C (mg)	16.43	71.51	435%
Vit A (RE)	269	1239	461%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	36.26%	121%
Saturated Fat (%)	10%	12.89%	129%

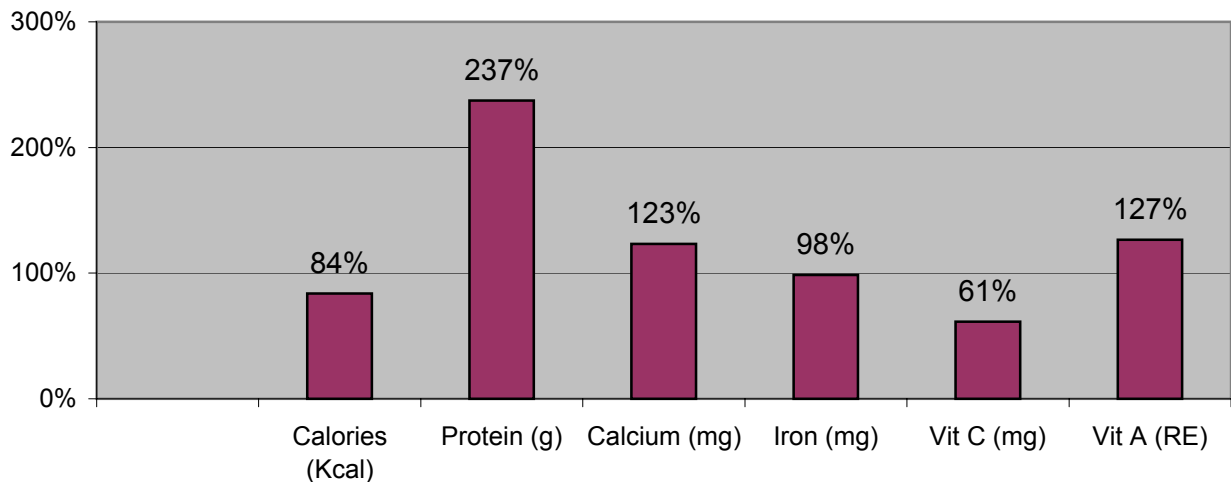
Goal is < = 100%



**SMI Analysis for
Community Academy Public Charter School
(May 12-16, 2003)**

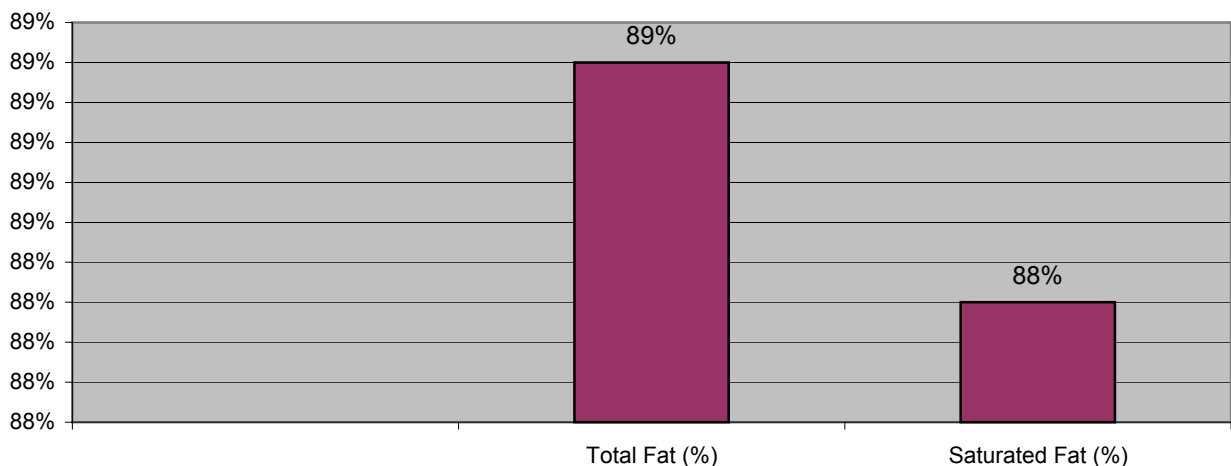
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	624	523	84%
Protein (g)	9.18	21.8	237%
Calcium (mg)	268.66	330.92	123%
Iron (mg)	3.27	3.22	98%
Vit C (mg)	14.32	8.79	61%
Vit A (RE)	210	266	127%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	26.67%	89%
Saturated Fat (%)	10%	8.83%	88%

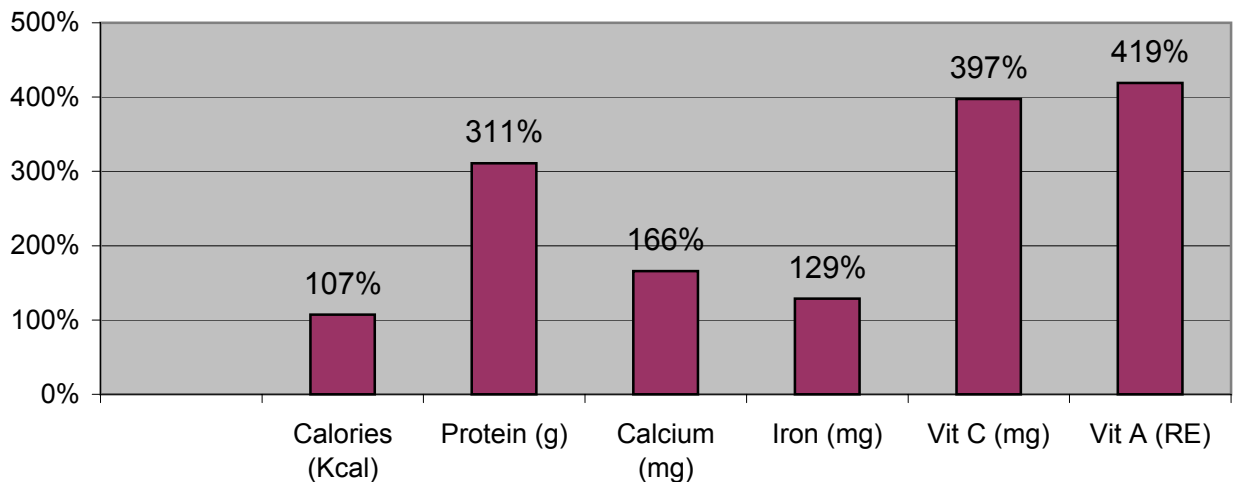
Goal is < = 100%



**SMI Analysis for
Elsie Whitlow Stokes Community Freedom PCS
(May 12-16, 2003)**

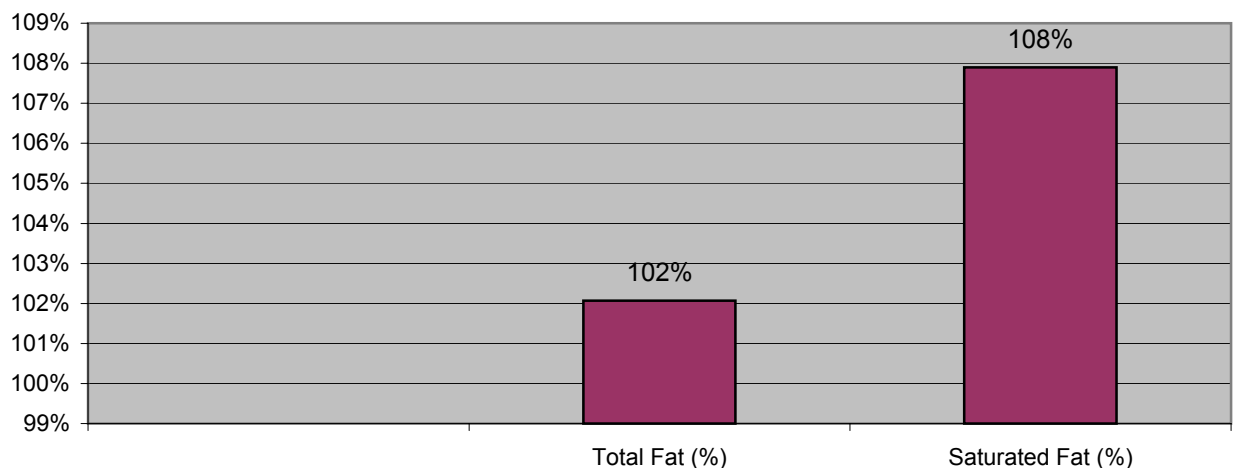
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	619	664	107%
Protein (g)	9.11	28.32	311%
Calcium (mg)	266.55	442.3	166%
Iron (mg)	3.24	4.17	129%
Vit C (mg)	14.21	56.48	397%
Vit A (RE)	209	876	419%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	30.62%	102%
Saturated Fat (%)	10%	10.79%	108%

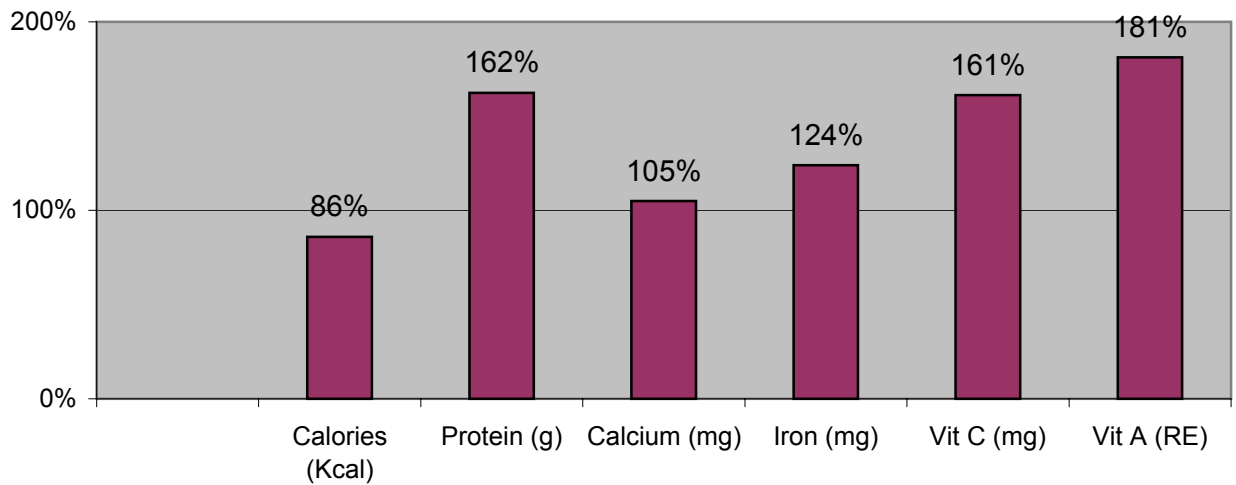
Goal is < = 100%



**SMI Analysis for
For Love of Children PCS
(May 12-16, 2003)**

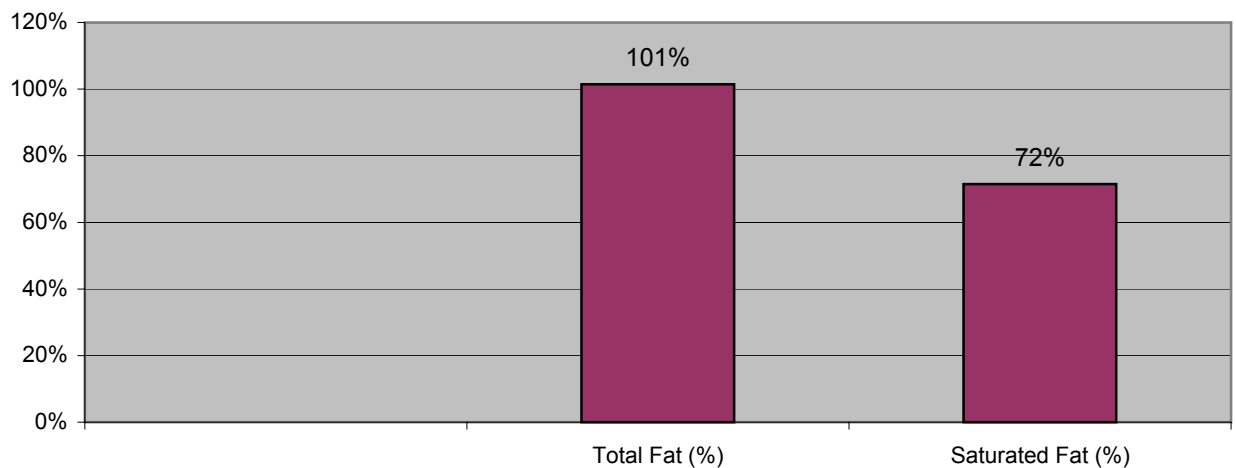
Must Meet or Exceed			
Nutrients	Raw Scores		Percentage
	USDA Goal	School Actual	
Calories (Kcal)	687	590	86%
Protein (g)	12.76	20.71	162%
Calcium (mg)	324.11	340.28	105%
Iron (mg)	3.72	4.61	124%
Vit C (mg)	15.24	24.55	161%
Vit A (RE)	250	453	181%

Goal is = > 100%



Must Be Below			
Category	Raw Scores		Percentage
	USDA Goal	School Actual	
Total Fat (%)	30%	30.44%	101%
Saturated Fat (%)	10%	7.15%	72%

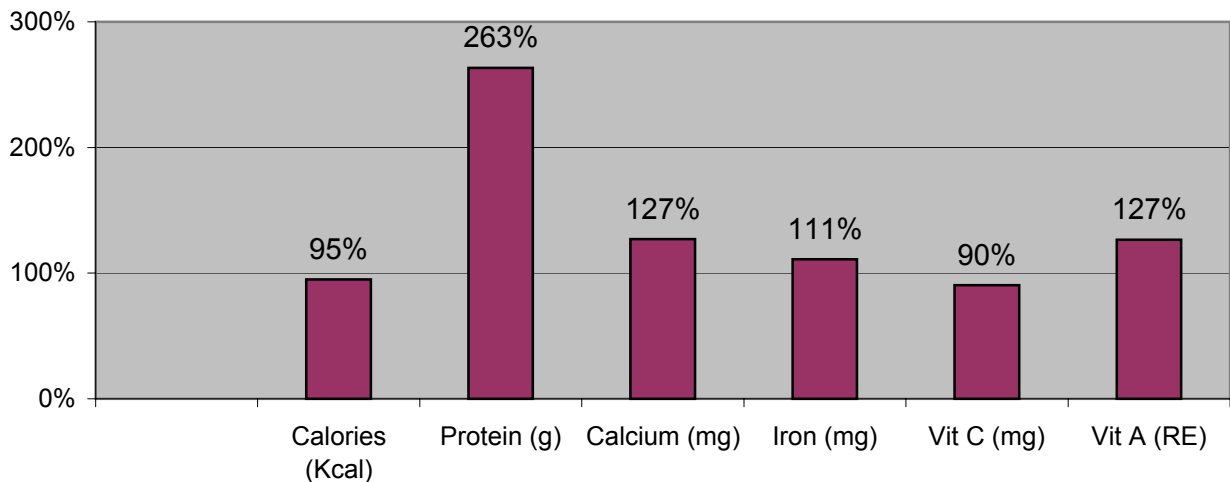
Goal is < = 100%



**SMI Analysis for
Friendship Public Charter School
(May 12-16, 2003)**

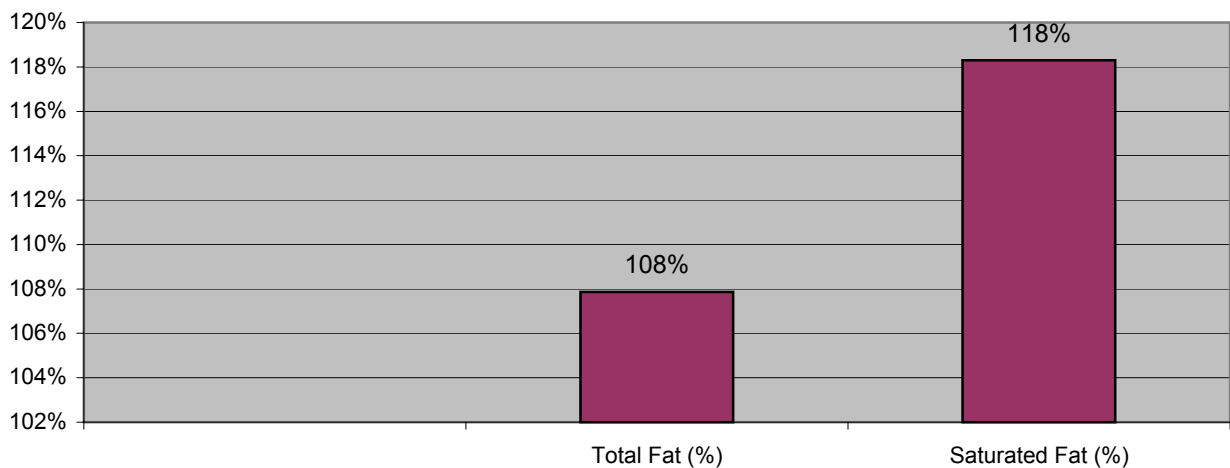
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	628	597	95%
Protein (g)	9.24	24.34	263%
Calcium (mg)	270.24	343.46	127%
Iron (mg)	3.29	3.65	111%
Vit C (mg)	14.41	13.04	90%
Vit A (RE)	211	267	127%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	32.36%	108%
Saturated Fat (%)	10%	11.83%	118%

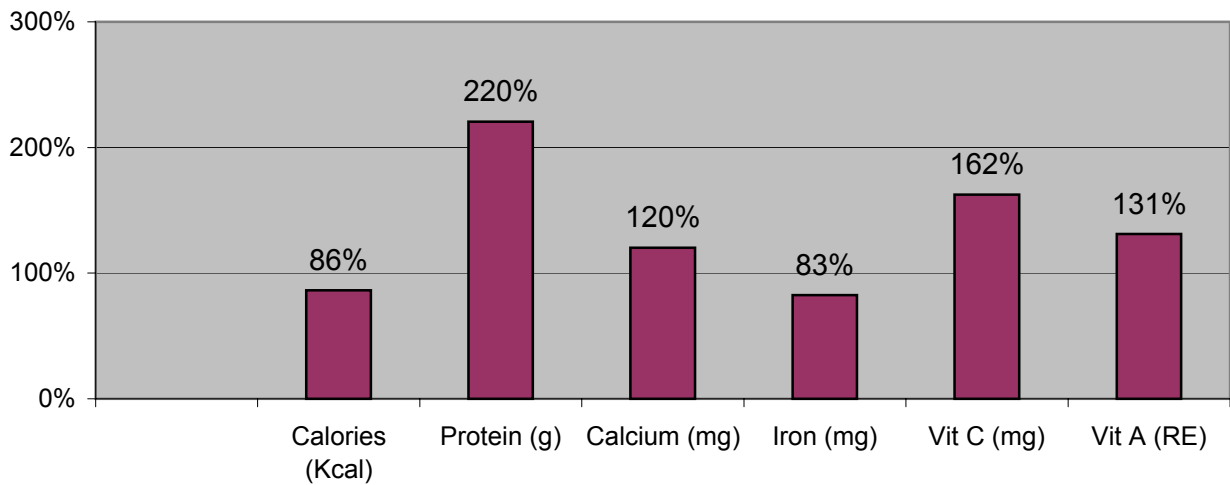
Goal is < = 100%



**SMI Analysis for
Ideal Academy Public Charter School
(May 12-16, 2003)**

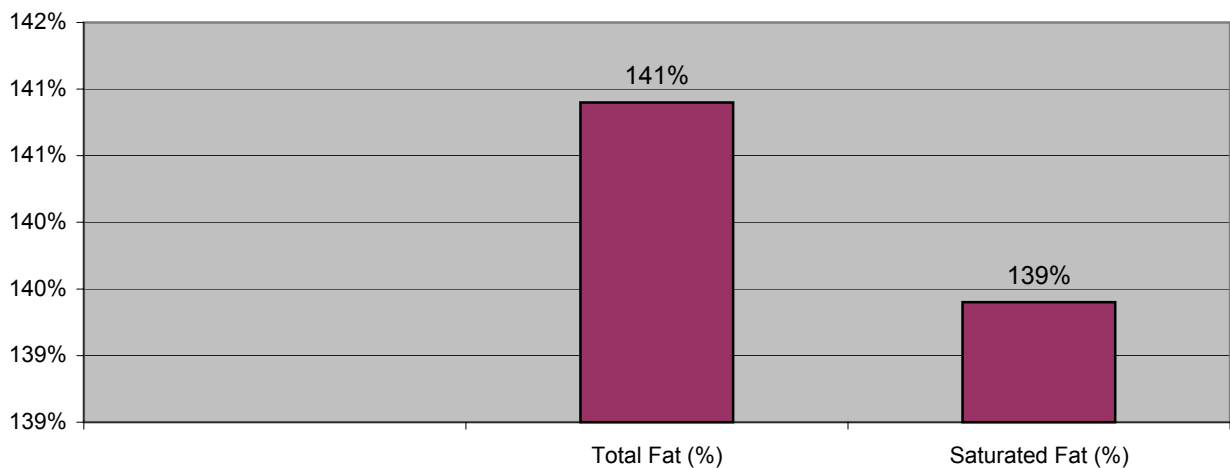
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	785	677	86%
Protein (g)	14.56	32.1	220%
Calcium (mg)	370.44	444.99	120%
Iron (mg)	4.23	3.49	83%
Vit C (mg)	17.42	28.29	162%
Vit A (RE)	285	374	131%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	42.27%	141%
Saturated Fat (%)	10%	13.94%	139%

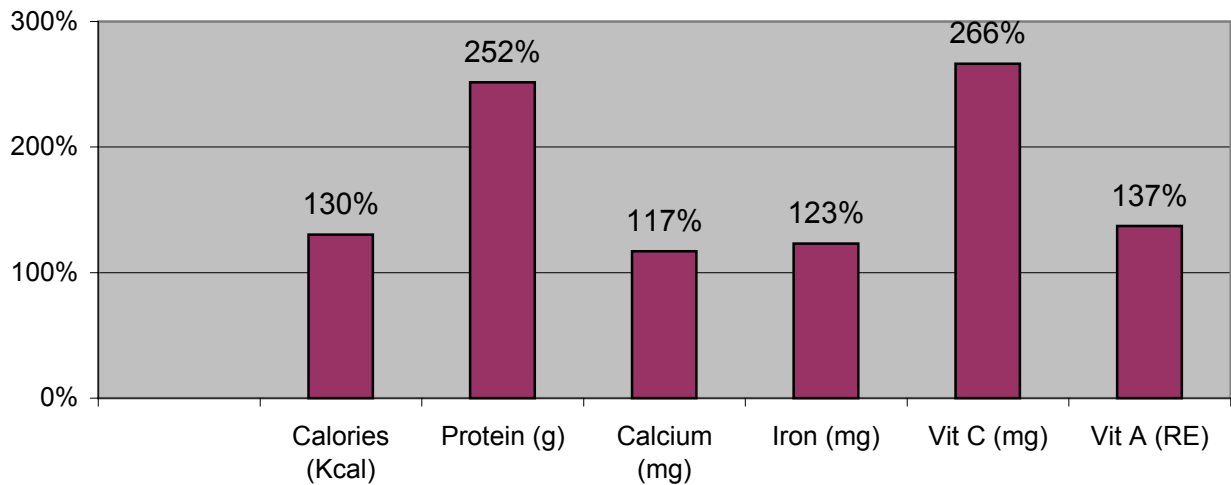
Goal is < = 100%



**SMI Analysis for
Integrated Design Electronics Academy
(May 12-16, 2003)**

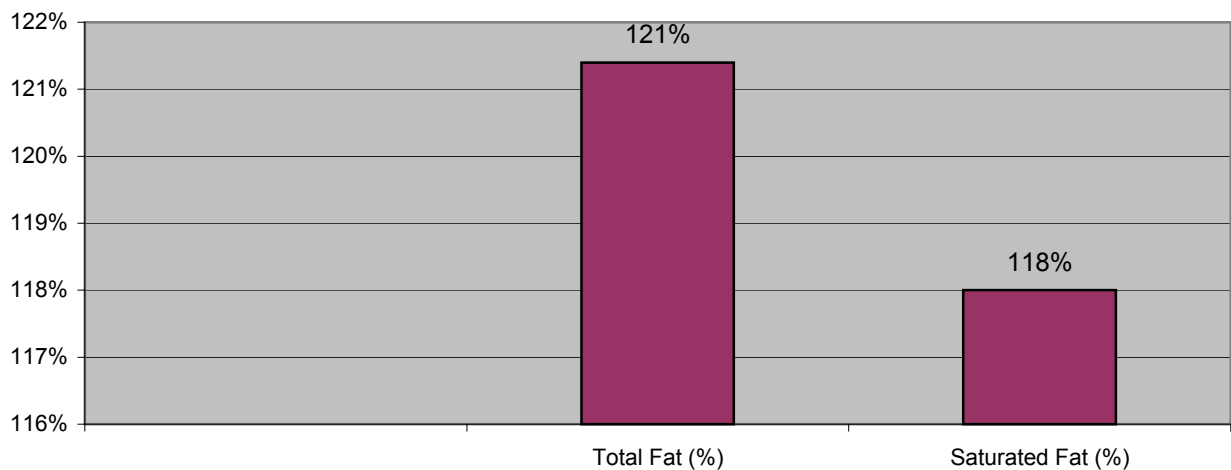
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	785	1022	130%
Protein (g)	14.56	36.62	252%
Calcium (mg)	370.44	433.53	117%
Iron (mg)	4.23	5.21	123%
Vit C (mg)	17.42	46.4	266%
Vit A (RE)	285	391	137%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	36.42%	121%
Saturated Fat (%)	10%	11.80%	118%

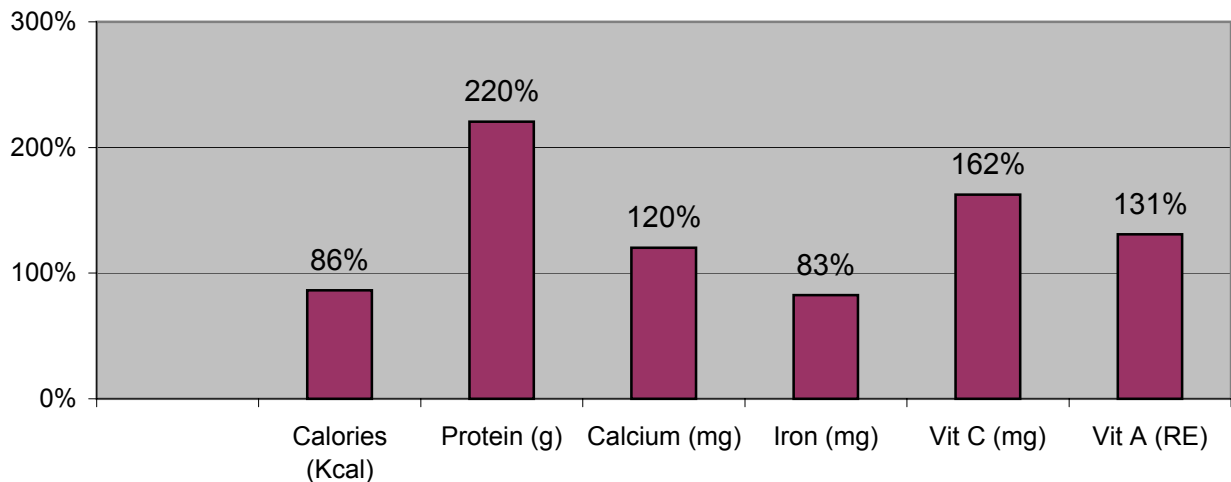
Goal is < = 100%



**SMI Analysis for
KAMIT Institute for Magnificent Achievers PCS
(May 12-16, 2003)**

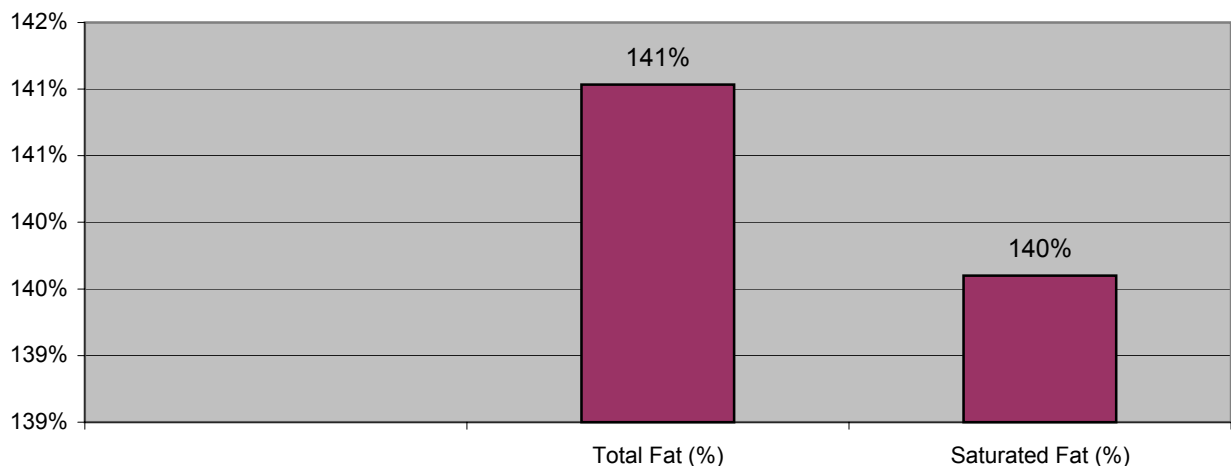
Must Meet or Exceed			
Nutrients	Raw Scores		Percentage
	USDA Goal	School Actual	
Calories (Kcal)	785	677	86%
Protein (g)	14.56	32.1	220%
Calcium (mg)	370.44	445.04	120%
Iron (mg)	4.23	3.49	83%
Vit C (mg)	17.42	28.29	162%
Vit A (RE)	285	373	131%

Goal is = > 100%



Must Be Below			
Category	Raw Scores		Percentage
	USDA Goal	School Actual	
Total Fat (%)	30%	42.31%	141%
Saturated Fat (%)	10%	13.96%	140%

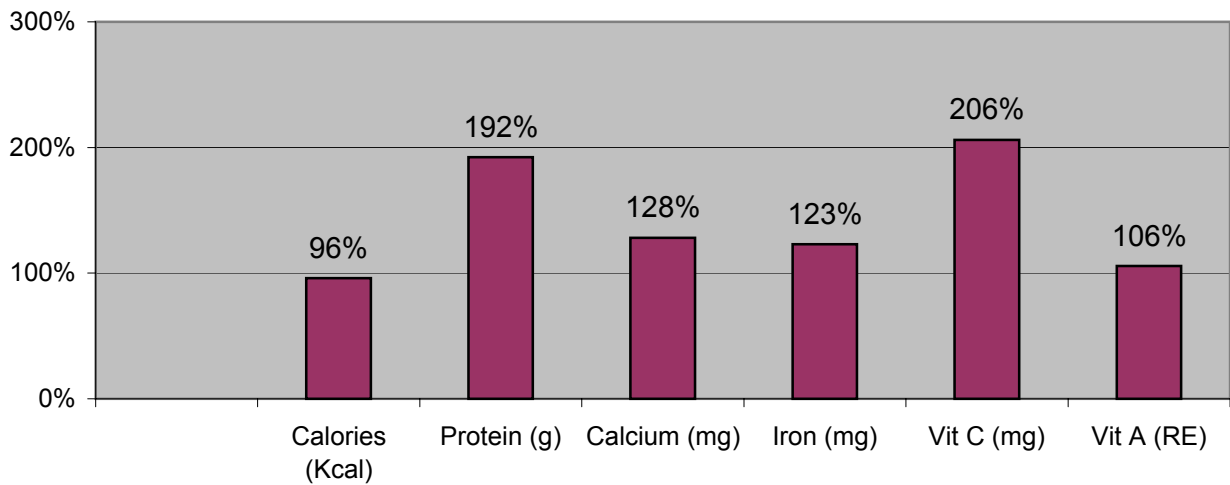
Goal is < = 100%



**SMI Analysis for
Kennedy Institute
(May 12-16, 2003)**

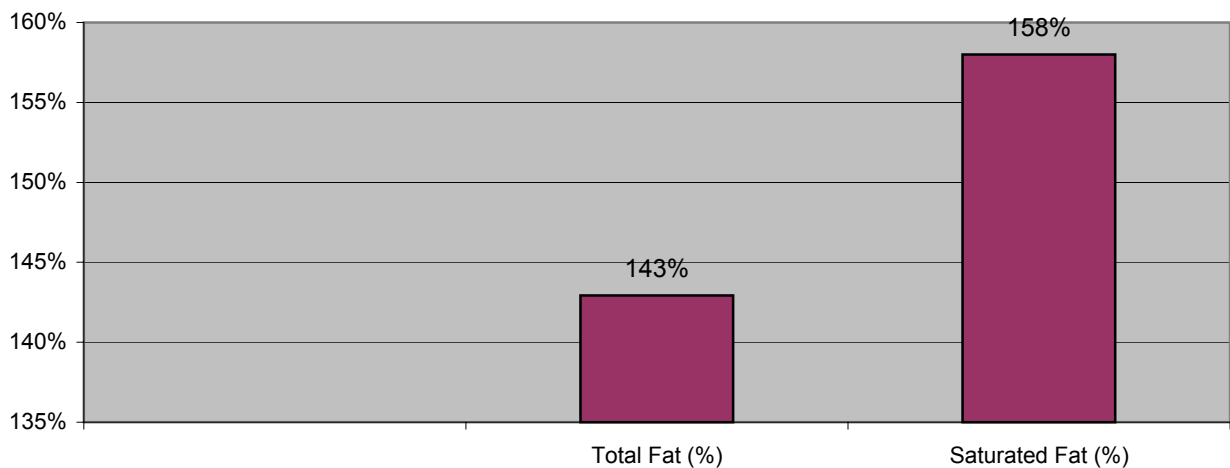
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	687	660	96%
Protein (g)	12.76	24.52	192%
Calcium (mg)	324.11	415.1	128%
Iron (mg)	3.72	4.58	123%
Vit C (mg)	15.24	31.4	206%
Vit A (RE)	250	264	106%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	42.88%	143%
Saturated Fat (%)	10%	15.80%	158%

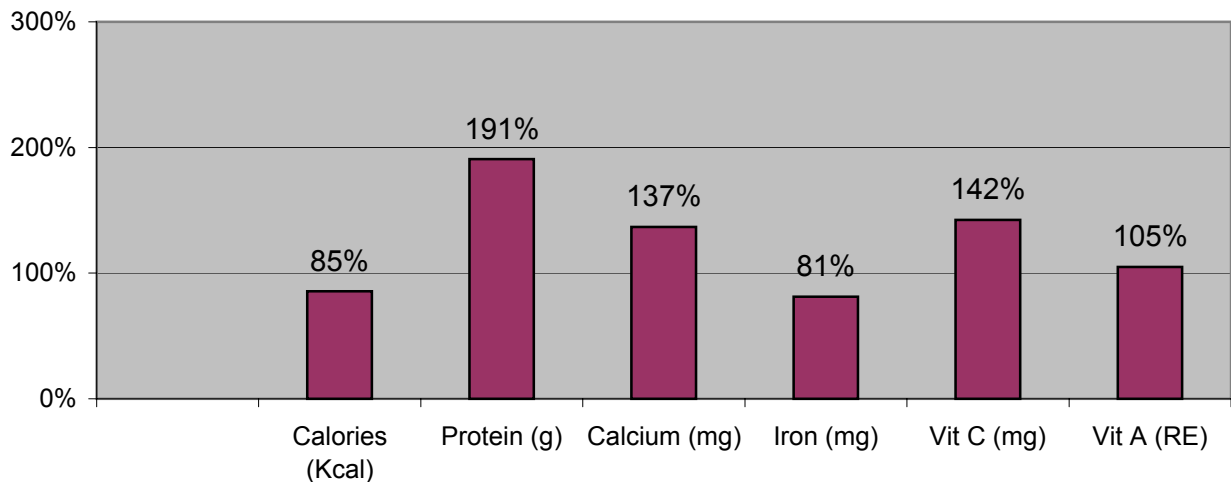
Goal is < = 100%



**SMI Analysis for
KIPP DC/KEY Academy
(May 12-16, 2003)**

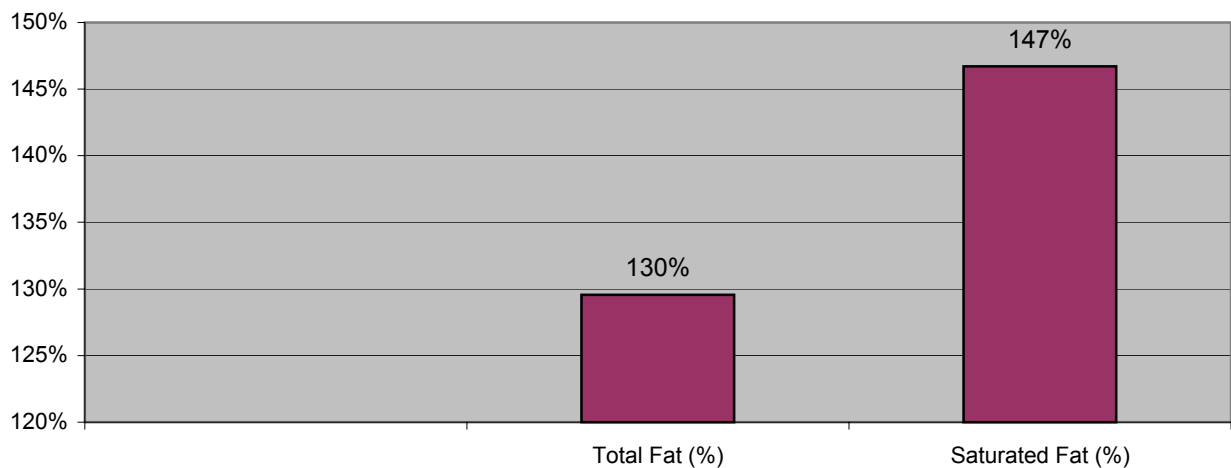
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	687	587	85%
Protein (g)	12.76	24.34	191%
Calcium (mg)	324.11	443.02	137%
Iron (mg)	3.72	3.02	81%
Vit C (mg)	15.24	21.71	142%
Vit A (RE)	250	262	105%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	38.87%	130%
Saturated Fat (%)	10%	14.67%	147%

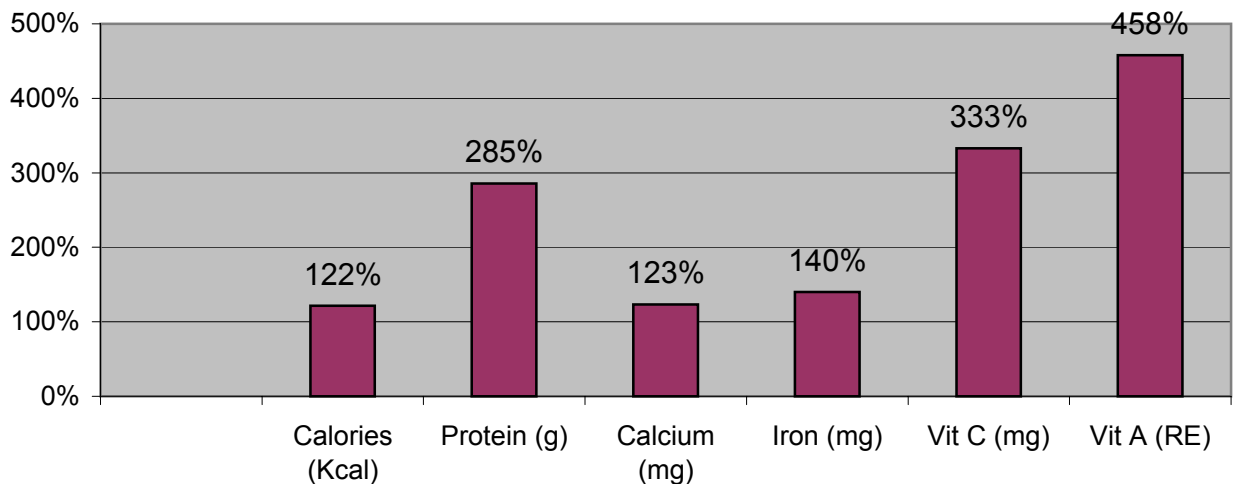
Goal is < = 100%



**SMI Analysis for
Maya Angelou Public Charter School
(May 12-16, 2003)**

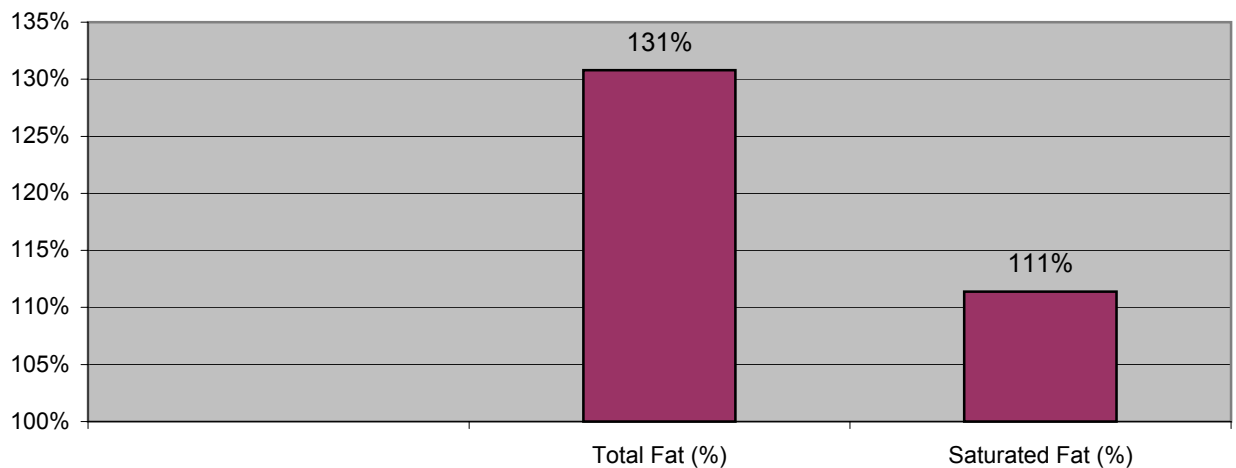
Must Meet or Exceed			
Nutrients	Raw Scores		Percentage
	USDA Goal	School Actual	
Calories (Kcal)	779	947	122%
Protein (g)	15.31	43.71	285%
Calcium (mg)	377.78	466.32	123%
Iron (mg)	4.26	5.96	140%
Vit C (mg)	17.33	57.72	333%
Vit A (RE)	283	1296	458%

Goal is = > 100%



Must Be Below			
Category	Raw Scores		Percentage
	USDA Goal	School Actual	
Total Fat (%)	30%	39.24%	131%
Saturated Fat (%)	10%	11.14%	111%

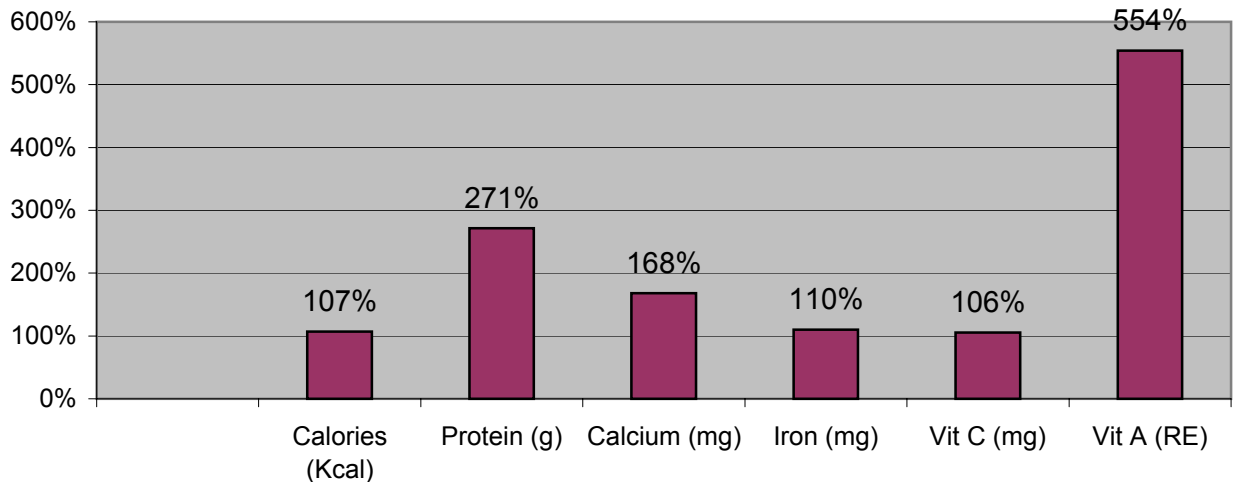
Goal is < = 100%



**SMI Analysis for
Meridian Public Charter School
(May 12-16, 2003)**

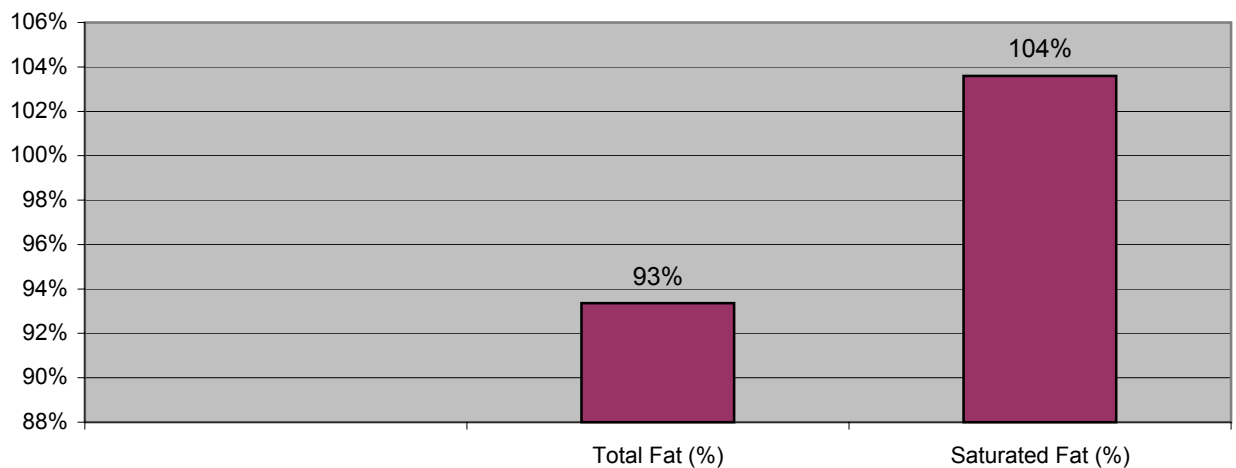
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	607	648	107%
Protein (g)	8.93	24.23	271%
Calcium (mg)	261.06	439.15	168%
Iron (mg)	3.18	3.5	110%
Vit C (mg)	13.92	14.7	106%
Vit A (RE)	204	1131	554%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	28.01%	93%
Saturated Fat (%)	10%	10.36%	104%

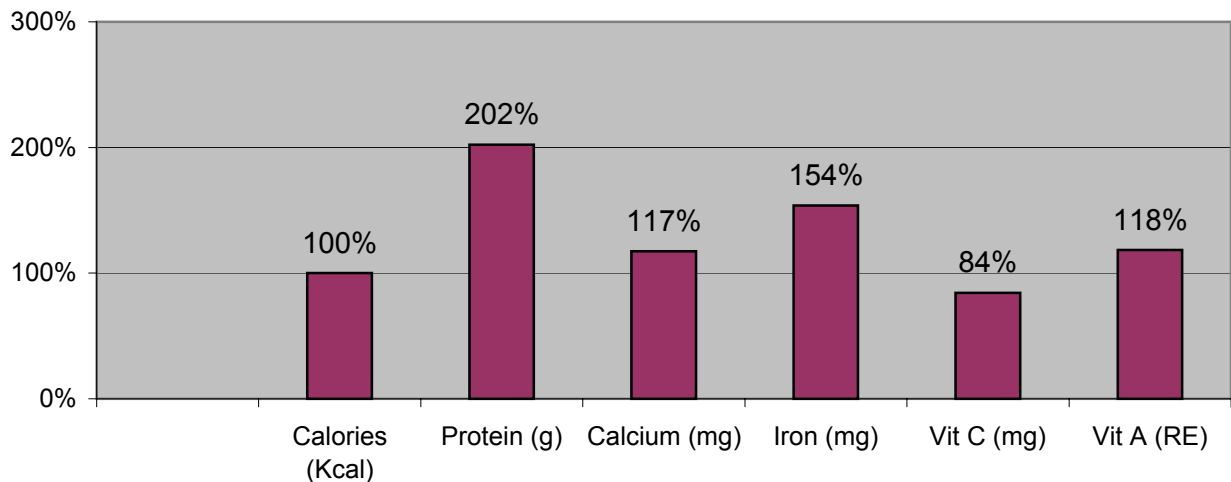
Goal is < = 100%



**SMI Analysis for
National Children's Center
(May 12-16, 2003)**

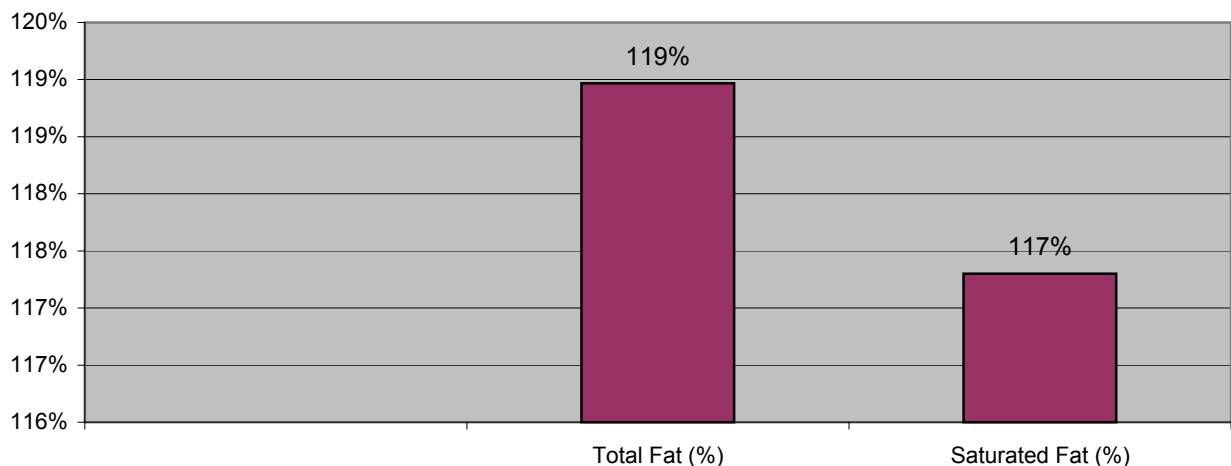
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	778	778	100%
Protein (g)	15.28	30.89	202%
Calcium (mg)	377.12	442.76	117%
Iron (mg)	4.25	6.54	154%
Vit C (mg)	17.3	14.58	84%
Vit A (RE)	283	335	118%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	35.69%	119%
Saturated Fat (%)	10%	11.73%	117%

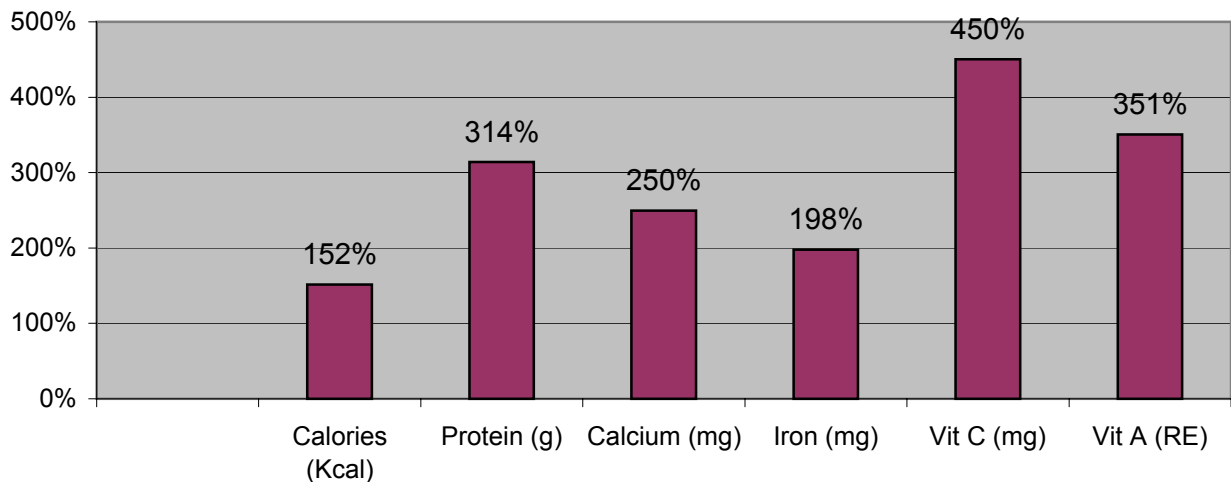
Goal is < = 100%



**SMI Analysis for
Oak Hill Youth Center
(May 12-16, 2003)**

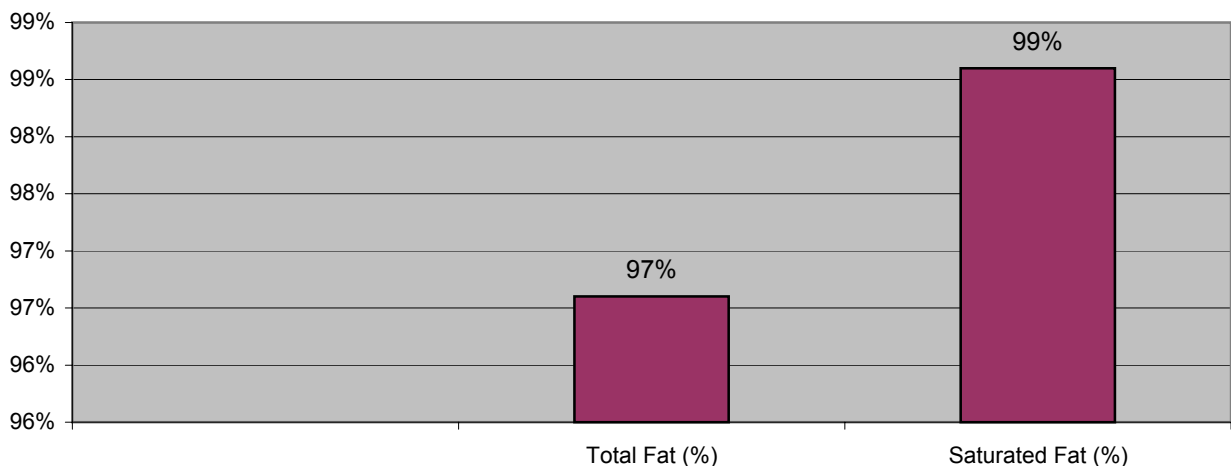
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	722	1095	152%
Protein (g)	14.2	44.62	314%
Calcium (mg)	350	873.3	250%
Iron (mg)	3.95	7.81	198%
Vit C (mg)	16.05	72.25	450%
Vit A (RE)	262	919	351%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	28.98%	97%
Saturated Fat (%)	10%	9.86%	99%

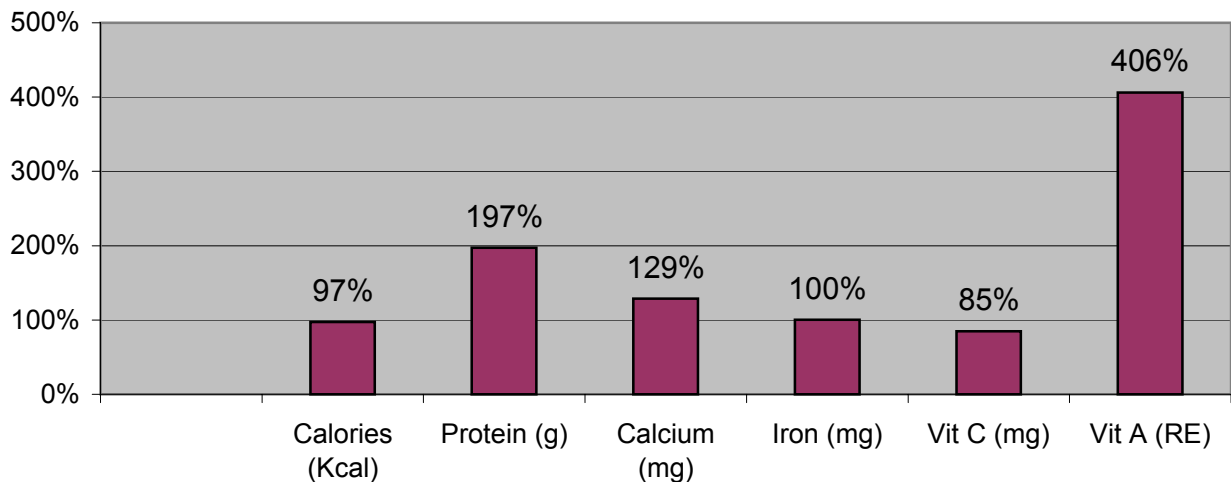
Goal is < = 100%



**SMI Analysis for
Options Public Charter School
(May 12-16, 2003)**

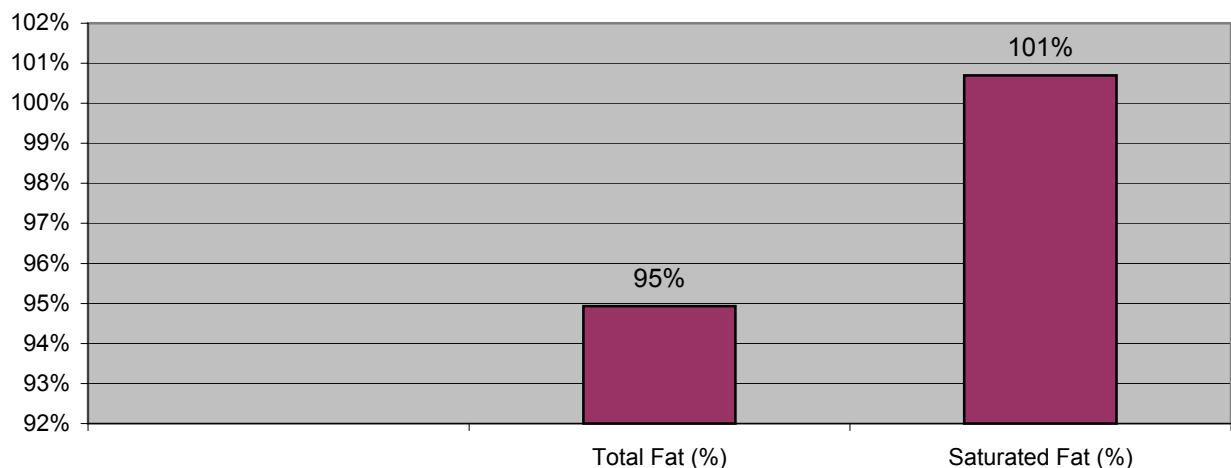
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	743	722	97%
Protein (g)	13.78	27.2	197%
Calcium (mg)	350.42	450.97	129%
Iron (mg)	4.01	4.02	100%
Vit C (mg)	16.48	14.01	85%
Vit A (RE)	270	1097	406%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	28.48%	95%
Saturated Fat (%)	10%	10.07%	101%

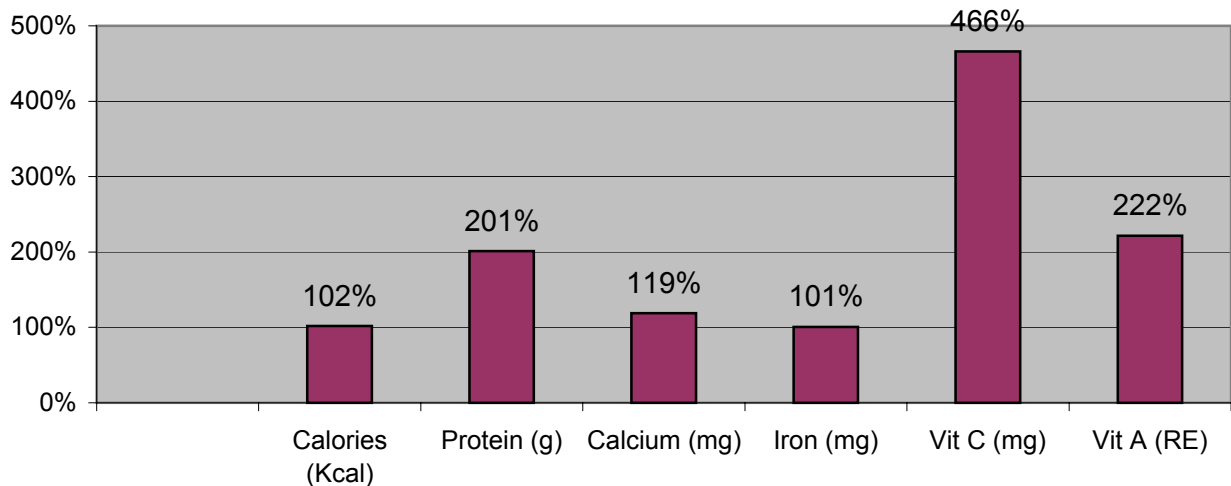
Goal is < = 100%



**SMI Analysis for
Paul Junior High Public Charter School
(May 12-16, 2003)**

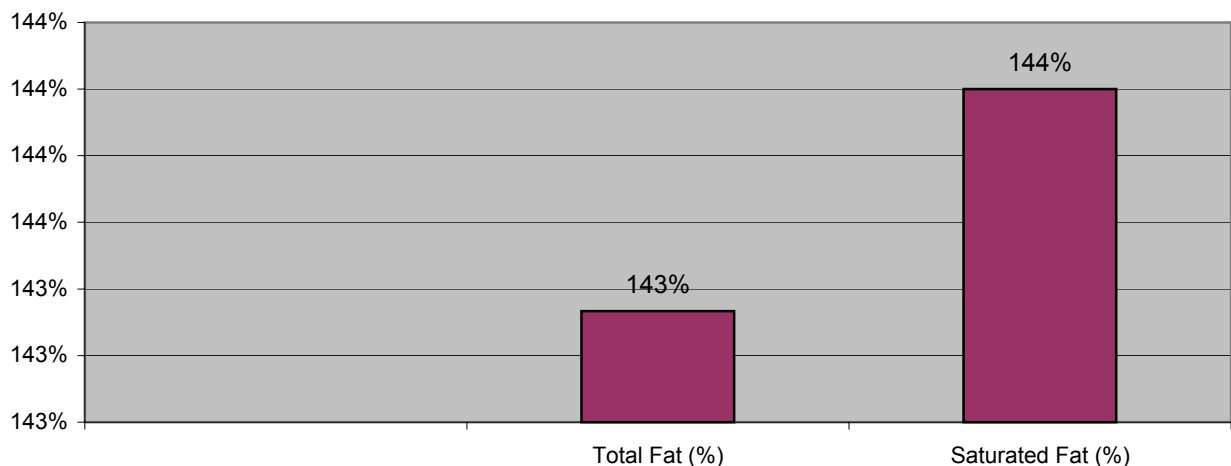
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	785	798	102%
Protein (g)	14.56	29.3	201%
Calcium (mg)	370.44	440.96	119%
Iron (mg)	4.23	4.26	101%
Vit C (mg)	17.42	81.2	466%
Vit A (RE)	285	632	222%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	43.00%	143%
Saturated Fat (%)	10%	14.40%	144%

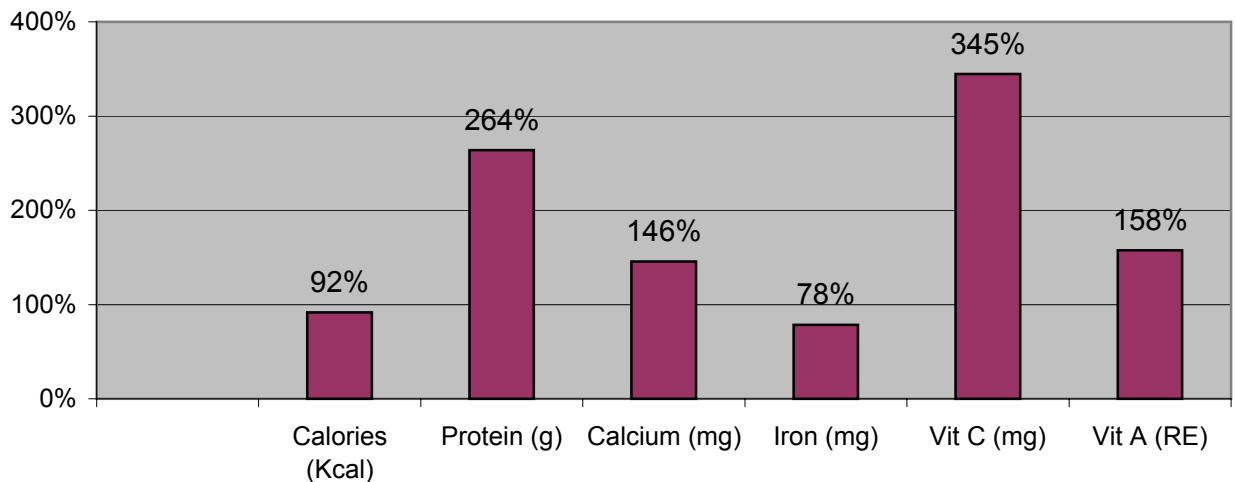
Goal is < = 100%



**SMI Analysis for
School for Arts in Learning
(May 12-16, 2003)**

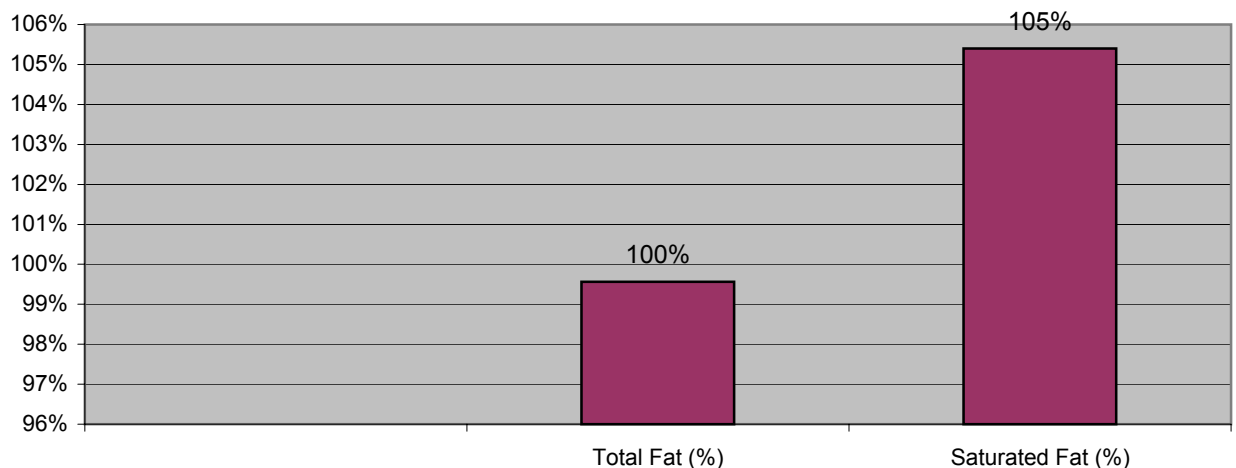
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	634	582	92%
Protein (g)	8.65	22.83	264%
Calcium (mg)	267	389.09	146%
Iron (mg)	3.3	2.59	78%
Vit C (mg)	15	51.69	345%
Vit A (RE)	200	315	158%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	29.87%	100%
Saturated Fat (%)	10%	10.54%	105%

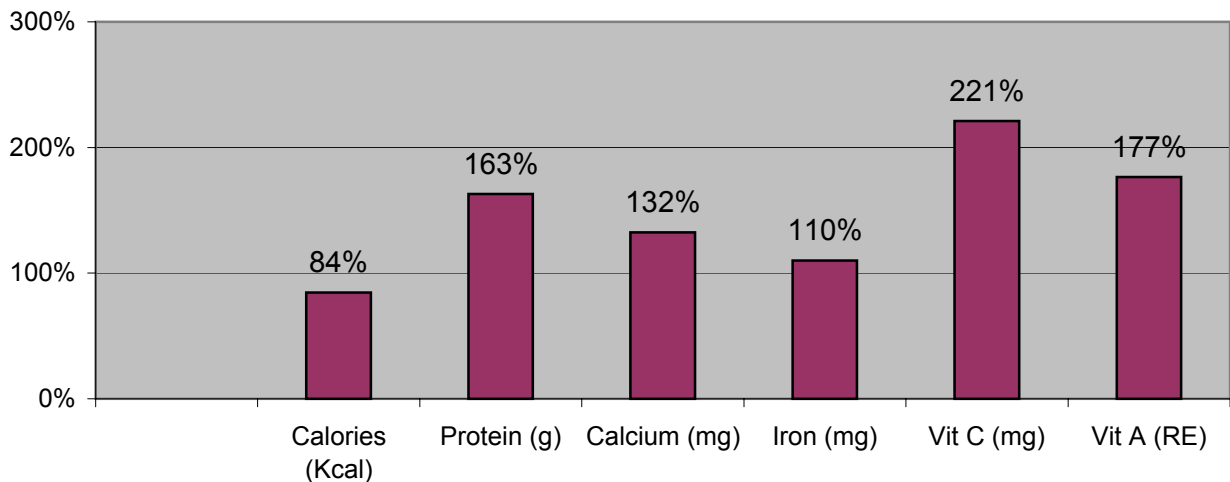
Goal is < = 100%



**SMI Analysis for
South East Academy of Scholastic Excellence
(May 12-16, 2003)**

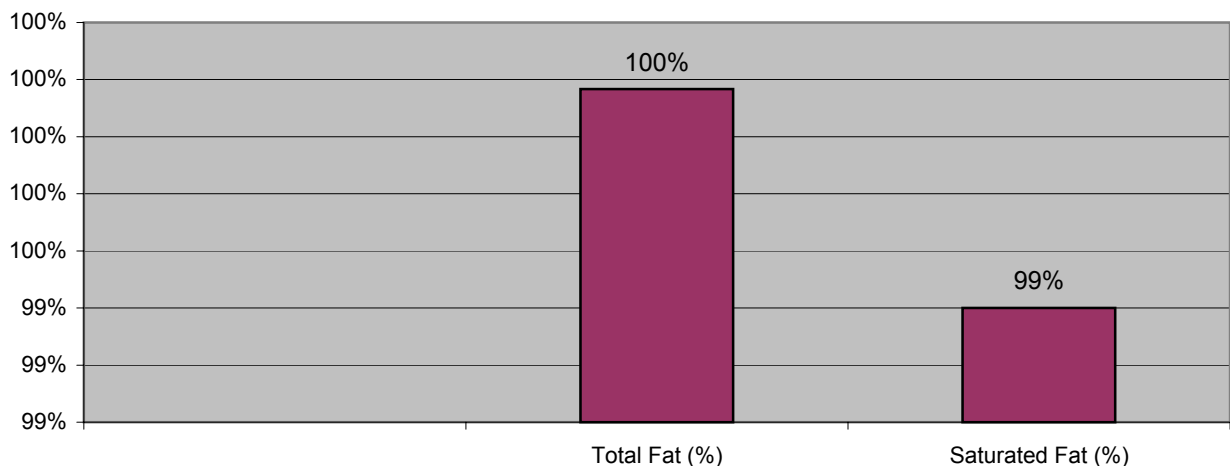
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	694	586	84%
Protein (g)	12.88	20.99	163%
Calcium (mg)	327.38	433.63	132%
Iron (mg)	3.75	4.13	110%
Vit C (mg)	15.39	34.01	221%
Vit A (RE)	252	445	177%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	30.05%	100%
Saturated Fat (%)	10%	9.94%	99%

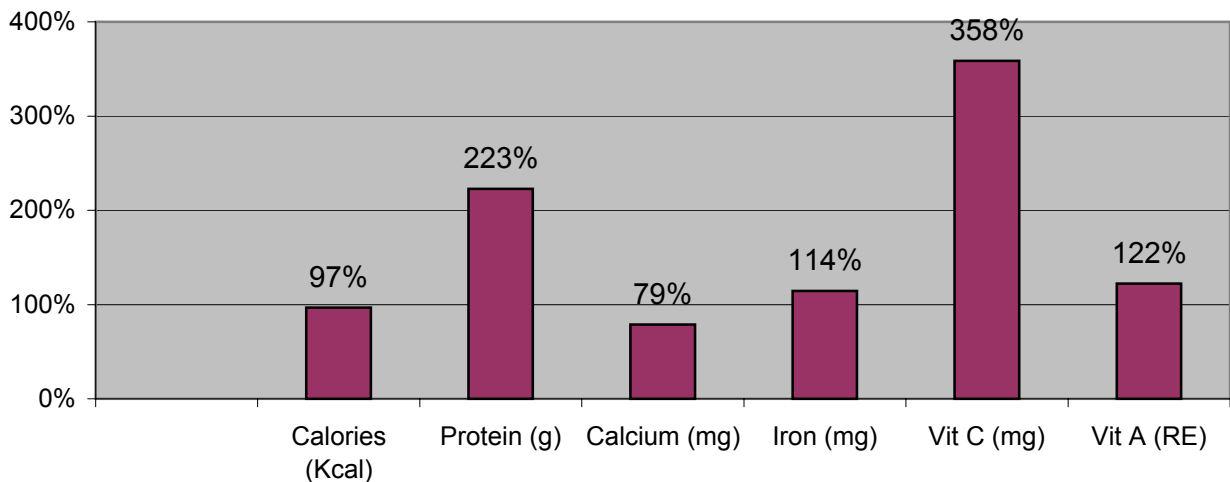
Goal is < = 100%



**SMI Analysis for
The New School for Enterprise Development
(May 12-16, 2003)**

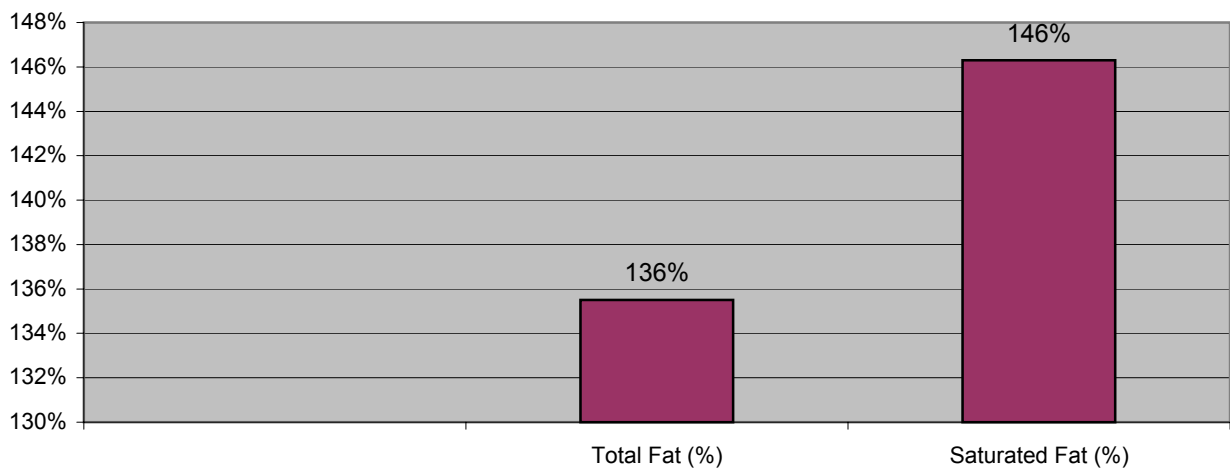
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	785	760	97%
Protein (g)	14.56	32.41	223%
Calcium (mg)	370.44	291.9	79%
Iron (mg)	4.23	4.84	114%
Vit C (mg)	17.42	62.44	358%
Vit A (RE)	285	348	122%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	40.65%	136%
Saturated Fat (%)	10%	14.63%	146%

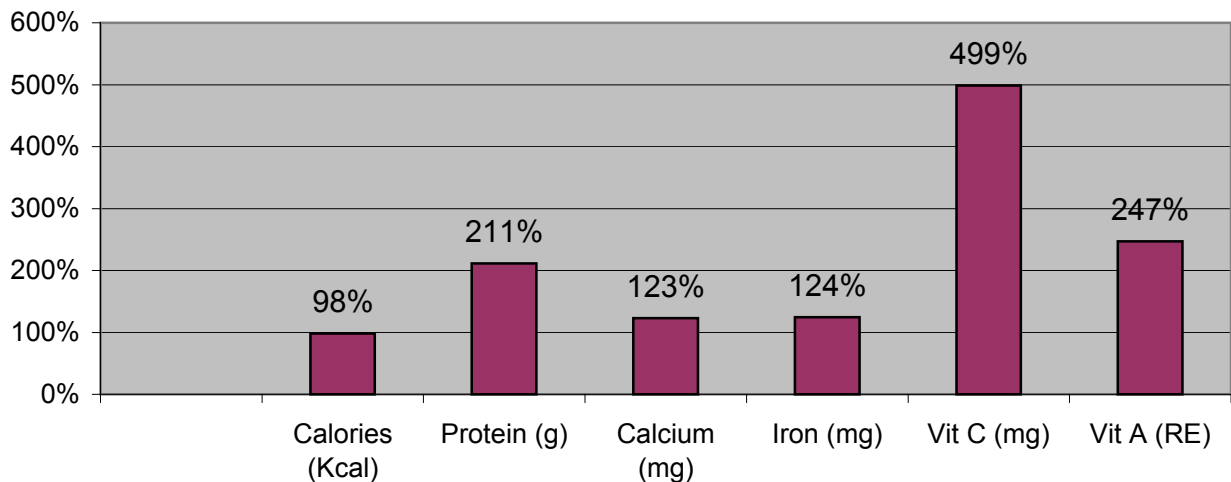
Goal is < = 100%



**SMI Analysis for
The Next Step Public Charter School
(May 12-16, 2003)**

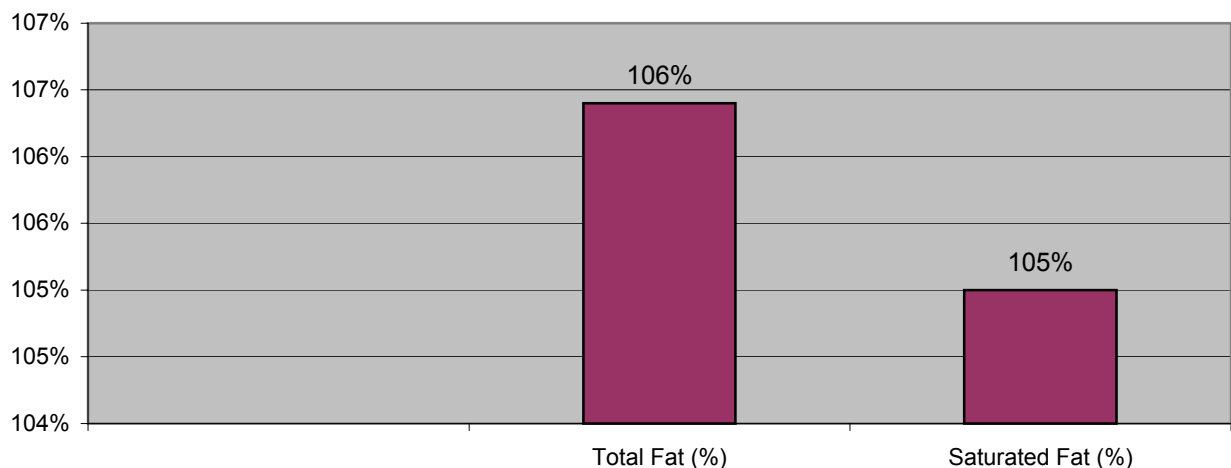
Must Meet or Exceed			
Nutrients	Raw Scores		Percentage
	USDA Goal	School Actual	
Calories (Kcal)	774	759	98%
Protein (g)	15.2	32.09	211%
Calcium (mg)	375	460.43	123%
Iron (mg)	4.22	5.25	124%
Vit C (mg)	17.2	85.75	499%
Vit A (RE)	281	694	247%

Goal is = > 100%



Must Be Below			
Category	Raw Scores		Percentage
	USDA Goal	School Actual	
Total Fat (%)	30%	31.92%	106%
Saturated Fat (%)	10%	10.50%	105%

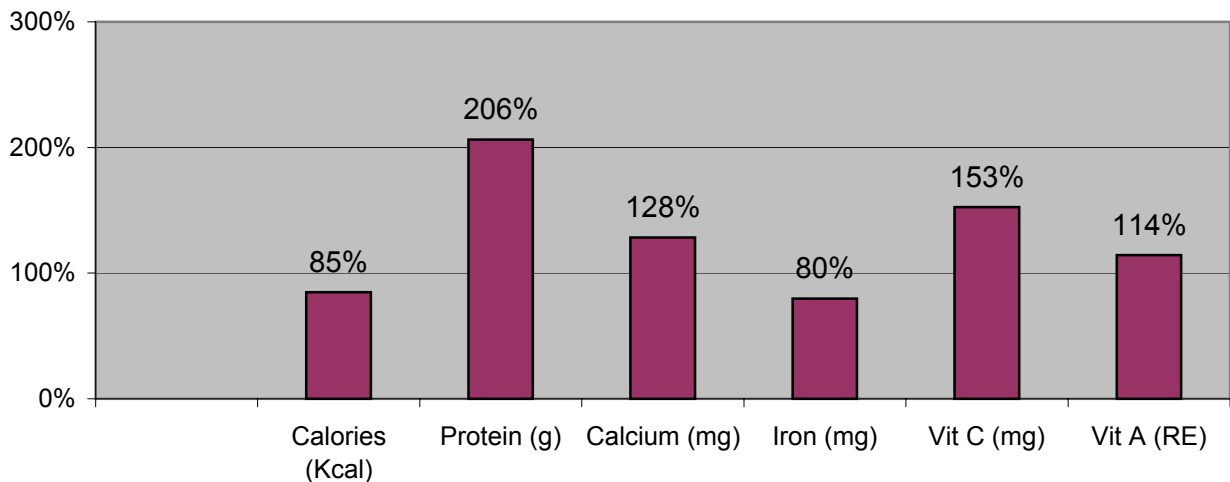
Goal is < = 100%



**SMI Analysis for
Thurgood Marshall Academy
(May 12-16, 2003)**

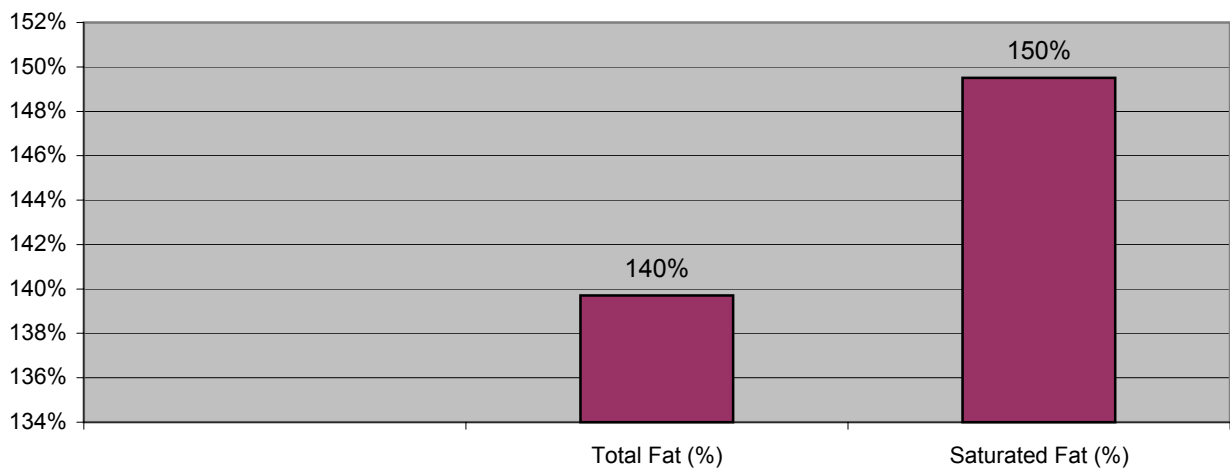
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	735	624	85%
Protein (g)	13.63	28.12	206%
Calcium (mg)	346.68	445.15	128%
Iron (mg)	3.97	3.16	80%
Vit C (mg)	16.3	24.87	153%
Vit A (RE)	267	305	114%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	41.91%	140%
Saturated Fat (%)	10%	14.95%	150%

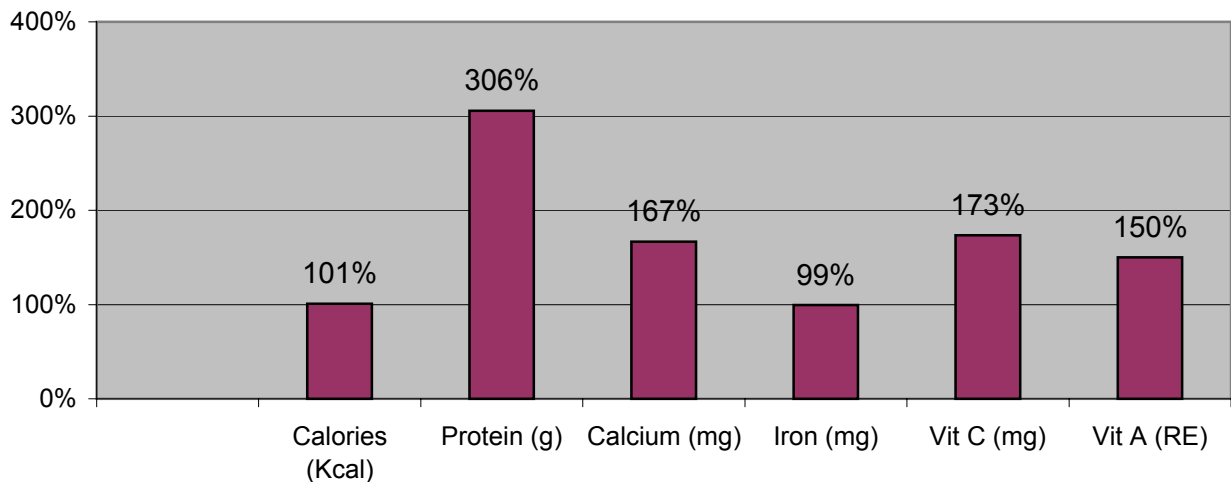
Goal is < = 100%



**SMI Analysis for
Tree of Life Community Public Charter School
(May 12-16, 2003)**

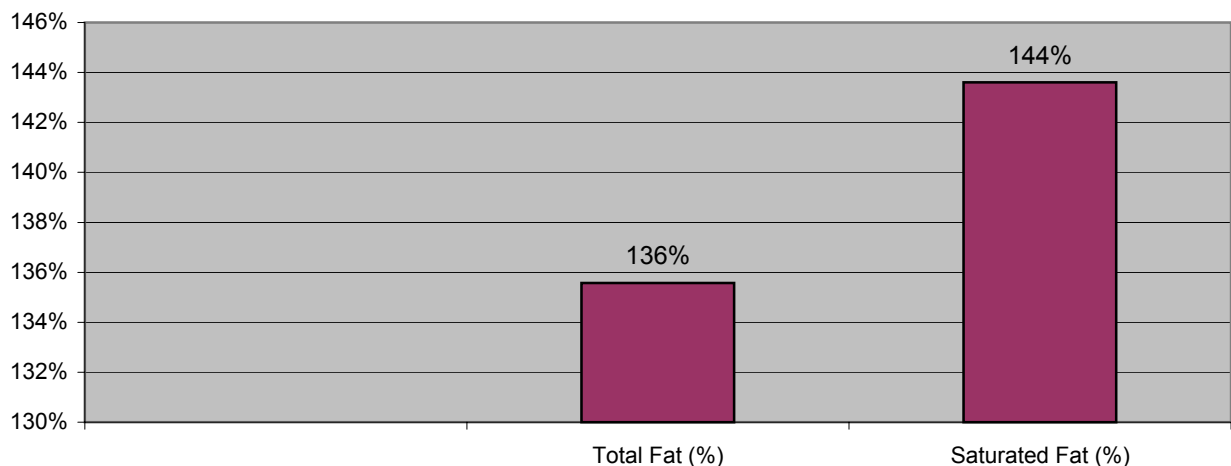
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	619	625	101%
Protein (g)	9.11	27.84	306%
Calcium (mg)	266.35	443.78	167%
Iron (mg)	3.24	3.22	99%
Vit C (mg)	14.2	24.63	173%
Vit A (RE)	208	312	150%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	40.67%	136%
Saturated Fat (%)	10%	14.36%	144%

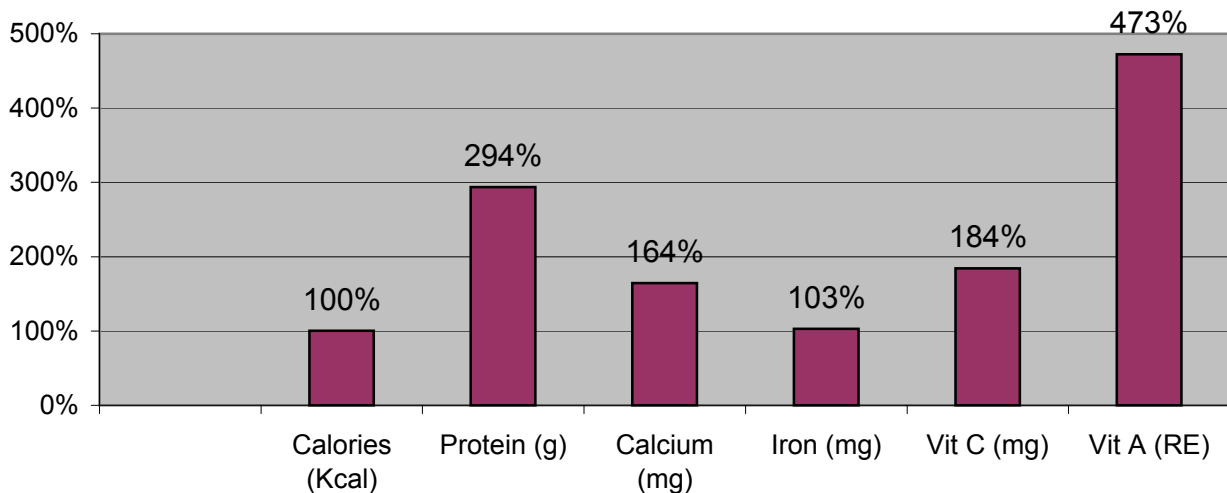
Goal is < = 100%



**SMI Analysis for
Turner Elementary School - D.C. Public Schools
(May 12-16, 2003)**

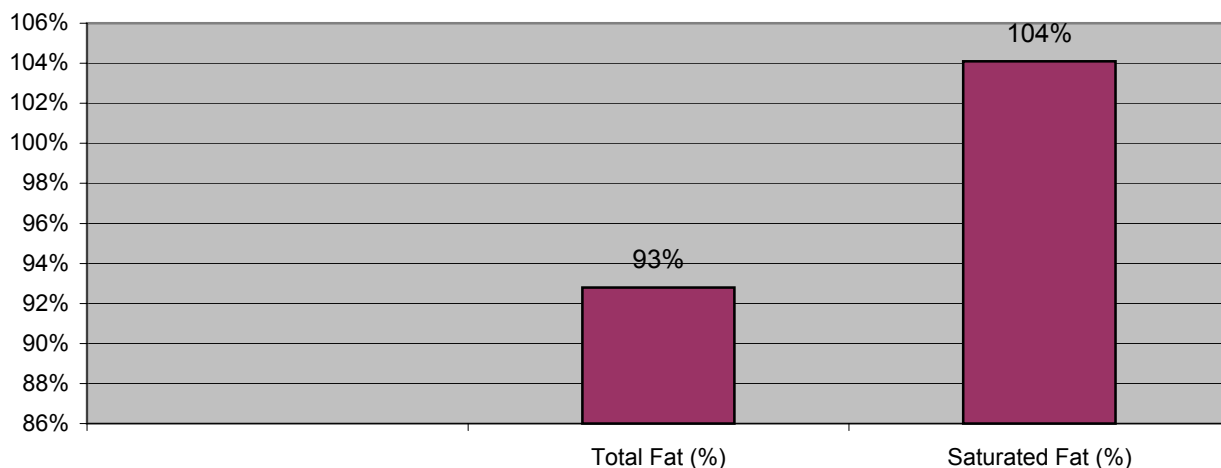
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	607	608	100%
Protein (g)	8.93	26.22	294%
Calcium (mg)	261.14	429.08	164%
Iron (mg)	3.18	3.27	103%
Vit C (mg)	13.92	25.66	184%
Vit A (RE)	204	964	473%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	27.84%	93%
Saturated Fat (%)	10%	10.41%	104%

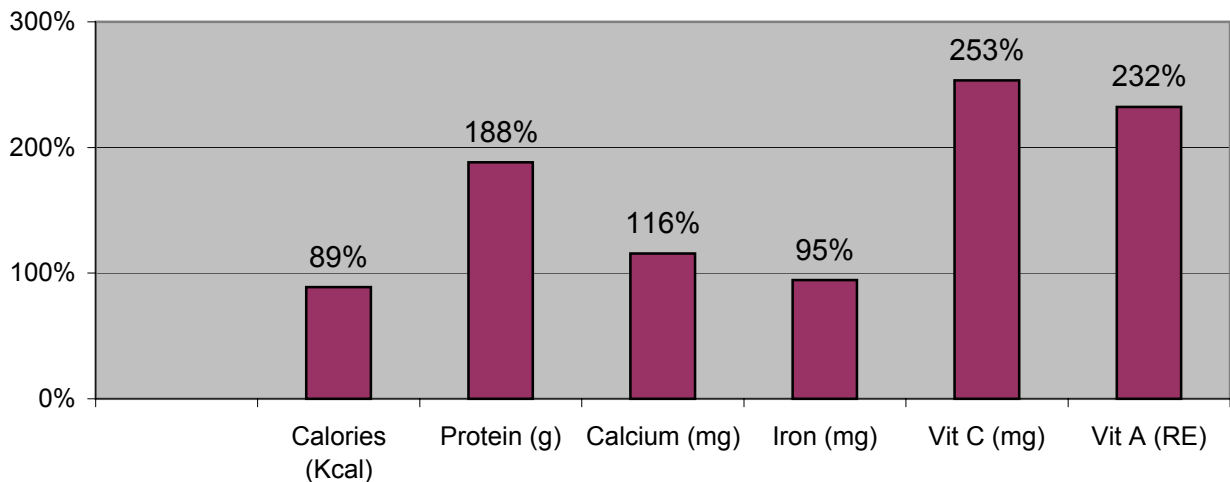
Goal is < = 100%



**SMI Analysis for
Washington Mathematics Science Technology PCHS
(May 12-16, 2003)**

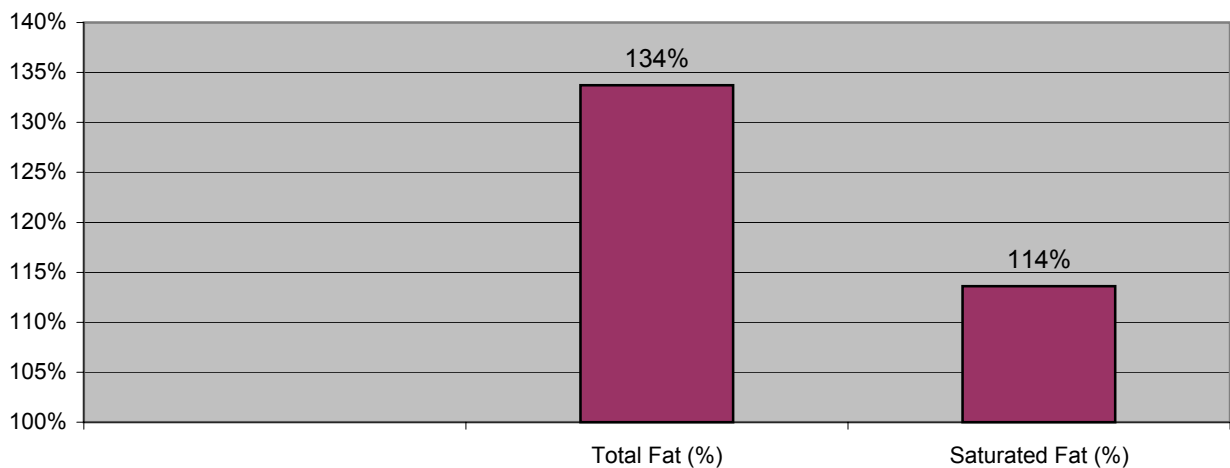
Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	785	697	89%
Protein (g)	14.56	27.4	188%
Calcium (mg)	370.44	428.24	116%
Iron (mg)	4.23	4	95%
Vit C (mg)	17.42	44.12	253%
Vit A (RE)	285	662	232%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	40.12%	134%
Saturated Fat (%)	10%	11.36%	114%

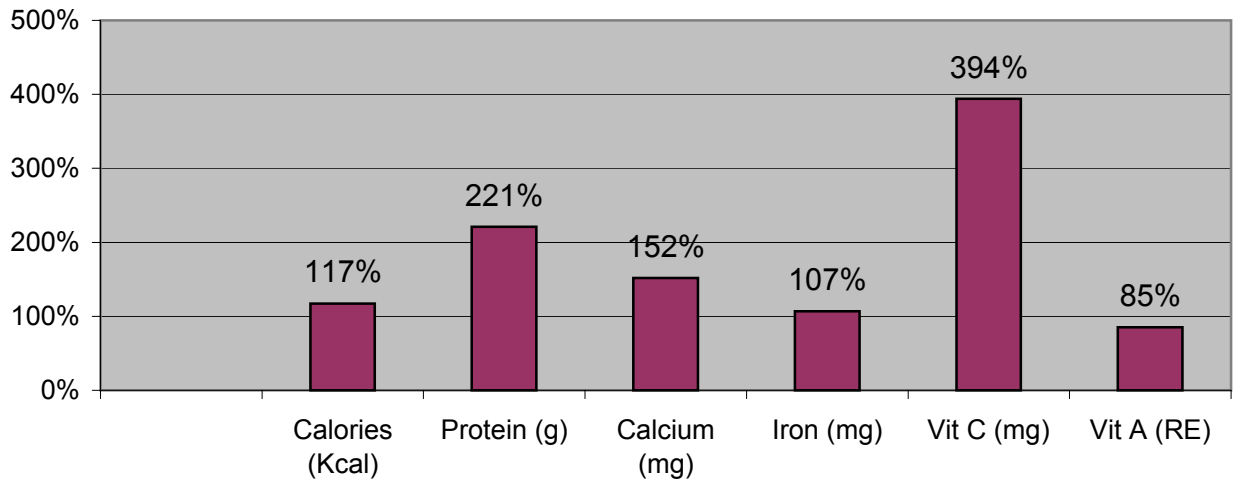
Goal is < = 100%



**SMI Analysis for
Washington Middle School For Girls
(May 12-16, 2003)**

Must Meet or Exceed			
<i>Nutrients</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Calories (Kcal)	785	921	117%
Protein (g)	14.56	32.17	221%
Calcium (mg)	370.44	562.78	152%
Iron (mg)	4.23	4.52	107%
Vit C (mg)	17.42	68.61	394%
Vit A (RE)	285	243	85%

Goal is = > 100%



Must Be Below			
<i>Category</i>	<i>Raw Scores</i>		<i>Percentage</i>
	USDA Goal	School Actual	
Total Fat (%)	30%	37.34%	124%
Saturated Fat (%)	10%	13.11%	131%

Goal is <= 100%

